Student Name:



Knowledge Organiser: November 2025 Year 10

"Wise men and women are always learning, always listening for fresh insights."

Proverbs 18:15 (The Message)

Using Your Knowledge Organiser

Your teachers have worked hard to produce this document for you and have selected the most important knowledge that you will need to know to make good progress in their subjects. You should aim to learn all the information in your knowledge organiser off by heart.

Try out some of the strategies listed here to help you achieve this.

- 1. Read the knowledge organiser and ensure you understand it. Try and make links between the information on it and what you already know and do.
- 2. Look, Cover, Write, Check the traditional way of learning spellings!
- 3. Create a Mnemonic Using the first letters of keywords create a memorable sentence or phrase.
- 4. Create an acronym using the first letters of keywords to create a word to prompt you to remember all of the information.
- 5. Write it out in full on a blank version of the same format.
- 6. Write it out in note form, reducing it to key ideas or words. Try the same format but a smaller piece of paper.
- 7. Recreate the knowledge organiser as a series of images and words

- 8. Write a set of test questions for yourself using the organiser.
 - Answer these without the organiser the next day.
 - Swap your questions with a friend to increase challenge.
 - Turn your questions in to a game by putting them on cards and playing with friends.
- 9. Chunk the knowledge into smaller bitesize sections of around 5 pieces of information. Concentrate on mastering a chunk before you start on the next.
- 10. Try to make connections between the information and people you know. E.g. Visualise yourself trying these strategies with a specific teaching group.
- 11. Talk about the information on the knowledge organiser with another person. Teaching someone else about it helps us learn it.
- 12. Say the information out loud rehearse it like learning lines for a play, or sing it as if you are in a musical!

English: Varying Sentence Starts 2– Non-fiction

When it happened,: begin a sentence with when it happened followed by a comma, followed by an independent clause.

For example:

Yesterday, I left your shop a very dissatisfied customer.

When I was a student, I worked hard, enjoyed studying and put 100% into my learning.

Over three years ago, I stayed in one of your hotels and had a truly different experience to the one I had last month.

Before I sat my exams, I revised as much as I possibly could.

When it happened ,

independent clause.

Where it happened, :begin a sentence with where it happened followed by a comma, followed by an independent clause. For example:

From the bedroom, I could hear a constant whistling sound all through the

Towards the end of the year, it would be wonderful to celebrate with our year group with an immense party.

In the noisy corridor, all the students pushed and shoved, shouted and velled and disrespected each other.

At the breakfast table, the family ate their breakfast and discussed their plans for the day.

Where it happened , independent clause.

What if...? Begin a question with What if...?

For example:

What if we decided to save the planet together?

What if everyone pulled together to make this happen?

What if we all played our part in this to make sure that it happened?

What if we all shared a responsibility for the amount of waste that is going into the sea each year?

What if?

It wasn't just.... it was... It isn't just...., it is....

Begin a sentence with It wasn't just followed by a description and a comma followed by it was and a stronger/ more elaborate description.

For example:

It wasn't just hot, it was unbearable scorching weather.

It isn't just annoying, it is incredibly irritating.

It wasn't just dangerous, it was an act of reckless stupidity.

It isn't just practical, it is incredibly clever piece of architecture.

It isn't just...

it is.....

Triple adjective + colon + independent clause. Begin the sentence with three adjectives followed by a colon (:) followed by an independent clause (full sentence) to explain.

For example:

Colourful, vibrant, healthy: the flowers are particularly impressive this season.

Dangerous, rough aggressive: it is not a sport for the faint- hearted.

Beautiful, unique, inspiring: this story and the characters will stay with you for a long time after you have finished the book.

Ugly, hideous, permanent; inking the body is a terrible mistake.

Triple adjective

+ independent clause.

Adverb start: begin a sentence with an adverb (-ly,) to show/ emphasise your opinion.

For example:

Sadly. sea life is being destroyed all over the world. Regrettably, we cannot reverse the damage that has been done.

Unfortunately, it's too late; the impact of not acting sooner has already taken effect.

Non-fiction sentence starts to master:

Transactional Writing

To show certainty:

Undeniably, Assuredly, Unmistakeably, Certainly. Unquestionably, Clearly, Without a doubt. Indisputably, With confidence, Irrefutably. With certainty. Surely, With certainty. Undoubtedly.

To show positivity:

Confidently. Positively. Expectantly, Perfectly. Fortuitously, Unexpectedly, Fortunately. Uniquely.

Hopefully, Surprisingly,

Luckily. Without reservation,

Worryingly,

Optimistically, With any luck,

Without prior notice.

To show *negative* emotion:

Terrifyingly, Alarmingly. Thoughtlessly, Carelessly. Distressingly, Tragically, Disturbingly, Sadly, Distressingly, Shockingly, Startlingly, Foolishly,

Horrifically,

English: Varying Sentence Starts 2– Non-fiction

Ambitious Sentence Starts: Transactional Writing.

If..., if..., if..., then....: Start a sentence with a subordinating clause beginning with 'If....,' and repeat three times followed by then...... . For example:

- If you want to help make a change, if you want to live in a better place, if you want your children to live in a better world, then you must act now.
- If we don't act now, if we sit back and do nothing, if we allow this to continue, then the next generation won't get the chance to see the beauty of this countryside on their doorstep.
- If we want to improve, if we want to succeed, if we want to be successful, then we need to put the hard work in now.

If...., if...., then + action required.

If a celebrity misbehaves in the public eye, if a celebrity continuously breaks the law, if a celebrity doesn't acknowledge when they have been wrong, then how can we expect our young people to do the same?

Not only...but also... . Begin the sentence with not only and make a point followed by but also and a further point. For example:

<u>Not only</u> do we need to reduce the amount of plastic that we <u>but also</u> we need to encourage companies to stop using it altogether.

Not only does it hurt our family and friends but also it hurts ourself.

<u>Not only</u> do we need to work harder <u>but also</u> we need to encourage each other to try their best too.

Not only do we need to work together now but also we need to get the next generation on board too.

Not only....

but also.....

So. So. So: Begin three successive sentences with So... followed by a colon and an independent clause.

For example:

<u>So</u> annoying. <u>So</u> disruptive. <u>So</u> selfish: preventing others from learning must stop.

<u>So</u> talented. <u>So</u> skilled. <u>So</u> athletic: she is the most impressive diver in this year's Olympics.

<u>So</u> tall. <u>So</u> impressive. <u>So</u> imposing: the cathedral was worth a visit, particularly at night.

<u>So</u> petite. <u>So</u> delicate. <u>So</u> dainty: the extraordinary necklace was second to none.

+ colon

independent clause.

No... . No... , Only... . Begin three successive sentences with No... followed by a comma + only... .

For example:

No joy. No hope. No love, only misery.

<u>No</u> time for myself. <u>No</u> break from school. <u>No</u> relaxation, o<u>nly</u> school work and homework.

No freedom. No independence. No living, only rules and curfews.

No self-expression. No personal choice. No freedom to look the way you want, only uniforms.

No... . No... . No...

only...

Year 10 — Component 1 English Language

Box 1: Vocabulary- Character Traits		
Term	Definition	
Attentive	Pays close attention to something; concentrating.	
Loner	A person that prefers not to associate with others; reclusive.	
Detached	Separate or disconnected; isolated.	
Considerate	Careful not to inconvenience or harm others; caring; selfless.	
Sensitive	Having or displaying a quick and delicate appreciation of others' feelings; thoughtful.	

	3, 8	
Box 2:	Traits within relationships:	
Fickle	Changing loyalties or affections frequently; inconstant.	
Self-obsessed	Thinking only about oneself.	
Reckless	Heedless of danger; careless; rash; impulsive.	
Adventurous	Willing to take new risks; daring; bold; brave.	
Introvert	A shy person; reserved; withdrawn.	
Impulsive	Acting without thinking; instantaneous; rash.	
Self-confident	Trusting in your own ability; secure.	
Determined	Decided on a decision and standing firm with it; set on.	
Stubborn	Determination not to change one's mind.	
Brash	Self-assertive in a rude, noisy way; impatient.	
Wilful	Intentional; deliberate.	
Responsible Having an obligation to do something or having control care over someone as part of role or job.		
Patronising	Treat in a way that is <i>apparently</i> kind and helpful; condescending.	

Box 3: Vocabulary: Character Traits		
Term	Definition	
Well-educated	Having or showing a high level of education; well- read; cultured.	
Honest	Free of deceit; truthful; direct.	
Integrity	The quality of being honest and having strong morals; truthfulness.	
Attractive	Pleasing or appealing to the senses; good-looking.	
Humourless	Lacking humour; unable to appreciate humour.	
Reverential	Respectful; humble.	
Self-sufficient	Needing no help from outsiders; independent.	
Patient	Able to accept or tolerate problems without getting irritated; easy going; tolerant.	
Intimidating	Having a frightening or threatening affect; unapproachable.	
Formidable	Inspiring fear or respect by being impressively large; intimidating.	
Unbending	Inflexible; don't change your mind easily; rigid.	
Uncomplaining	Resigned; patient; doesn't complain; tolerant.	

Box 4: Subj	ect Terminology: Definition	
Term		
Impression	An idea, feeling, or opinion about something or someone, especially one formed without conscious thought or on the basis of little evidence.	
Relationship	The way in which people regard and behave towards each other.	
Evaluate	Form an idea of the amount, number, or value of; assess.	

Year 10 — 'Macbeth', by William Shakespeare

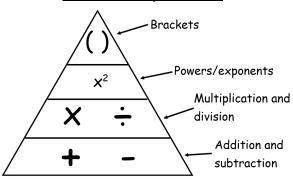
1. Quotes:	
'For brave Macbeth well he deserves that name'	Macbeth is portrayed as a strong and loyal soldier, respected by others and the King. This is important as it inflates the tragedy of his downfall and emphasises how his ambition poisons him and turns him evil.
'Stars, hide your fires; / Let not light see my black and deep desires, / The eye wink at the hand.'	This clearly identifies the contrast between light and darkness (good and evil) and how Macbeth is conflicted by his deep evil ambitions and the consequences of his actions both personally and religiously (stars being heaven).
'Come you spirits, that tend on mortal thoughts. Unsex me here, and fill me, from the crown to the toe, top-full of direst cruelty'	Lady Macbeth shows her own ambition to be less feminine and take on the role of her husband, asking spirits to fill her with evil and the ability to kill the King to achieve power. It shows her willingness to welcome evil into her life, and emphasises the link between the supernatural and evil in the play.
"Will all great Neptune's ocean wash this blood clean from my hand"	After killing Duncan, Macbeth is overcome with guilt, represented through the motif/symbol of blood in the play. Here he says that even all the seas could not wash it from his hand, he will forever feel it.
'To be thus is nothing but to be safely thus'	After becoming King, Macbeth is still not content that his ambition is fulfilled. His paranoia has set in and he worries about Banquo and his son.
"I am in blood, steeped in so far, that, should I wade no more, returning were as tedious as go o'er"	After killing Banquo and being haunted by his Ghost, Macbeth decides that his evil actions have taken him this far and to turn back would make his previous decisions pointless. To let go of his power would have it all have been for nothing.
"Will these hands ne'er be clean?'	Lady Macbeth is also overcome with guilt by Act 5, even after previously showing little regard for Duncan's death in Act 1 and 2. She sleepwalks, trying to clean her hands of the blood (guilt) that eventually leads top her death.
'dead butcher, and his fiend- like queen'	Malcolm's final words on Macbeth and Lady Macbeth as he takes back the crown of Scotland in the final scene of the play, emphasising the effect their ambition ultimately had on them.

2. Macbeth — Key Terminology:			
Hamartia	A fatal flaw leading to the downfall of a tragic hero or heroine.	Tragic hero	A character who makes a judgment error that inevitably leads to his/her own destruction.
Hubris	ris Excessive pride or self-confidence.		The action of killing a king.
Blank verse	Dialogue without rhyme or rhythm. Shakespeare has characters of low birth speaking in blank verse.	Foil	A character who contrasts with another character, to highlight qualities of the other character.
lambic Pentameter	Five feet, each consisting of one unstressed syllable followed by a stressed syllable. Shakespeare has characters of noble birth speaking in iambic pentameter.	Catharsis	The process of releasing, and thereby providing relief from, strong or repressed emotions.
Unchecked ambition	Subvert		To undermine the power and authority of an established system or institution.
Equivocation	Ambiguous language to conceal the truth or to avoid committing oneself; prevarication.	Paradox	A statement that logically can't be true—it is self-contradictory.
Patriarchal	A society controlled by men.	Omniscient	All-knowing.
Monologue	onologue A long speech by one character. Usurp		Take illegally or by force.
Prophecy	A prediction of what will happen in the future.	Soliloquy	A character speaking their thoughts/feelings aloud.

3. Macbeth — Context:			
	King James I	Catholic King of England. Survived the recent attempt on his life (Guy Fawkes—the gunpowder plot). He wrote a book on the supernatural — 'Demonology'.	
	King Duncan	A real king who was murdered by a man named Macbeth in the 11th century.	
	Banquo	Is believed to be a relative of King James I - therefore he could be king as he is of noble birth. Banquo is the only truly good character; he never turns his back on his friends, family or his king.	
	Shakespeare	Added supernatural elements to the play after the first version was published to impress King James, who was a very superstitious man. He knew that the play would never been seen without King James' support.	

Subject: Mathematics

Order of Operations



Inverse Operations

Multiplying Integers

If the signs are the same, the result is positive.

Adding Negative Numbers Add the numbers; end result is a positive E.g. 3 + 5 = 8 Find the difference between the numbers; end result takes the sign of the number with largest magnitude. E.g. 3 + - 5 = -2 Add the integers; end result is a negative -3 + -5 = -8

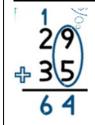
Square Numbers

$1 \times 1 \text{ or } 1^2 = 1$
$2 \times 2 \text{ or } 2^2 = 4$
$3 \times 3 \text{ or } 3^2 = 9$
$4 \times 4 \text{ or } 4^2 = 16$
5 x 5 or 5 ² = 25
$6 \times 6 \text{ or } 6^2 = 36$
$7 \times 7 \text{ or } 7^2 = 49$
8 x 8 or 8 ² = 64
$9 \times 9 \text{ or } 9^2 = 81$
$10 \times 10 \text{ or } 10^2 = 100$
11 x 11 or 11 ² = 121
12 x 12 or 12 ² = 144

Cube Numbers

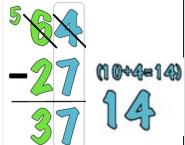
1 ³ = 1 x 1 x 1 = 1
$2^3 = 2 \times 2 \times 2 = 8$
$3^3 = 3 \times 3 \times 3 = 27$
$4^3 = 4 \times 4 \times 4 = 64$
$5^3 = 5 \times 5 \times 5 = 125$

Column Addition





Column Subtraction



Written methods

Multiplication (Grid method)

 26×5

×	20	6
5	100	30

The 26 is broken into 20 and 6. These numbers are multiplied as shown.

The results are then added, 100 + 30 = 130.

Division (Bus stop)

186 ÷ 6 0 3 1 6 1 ¹8 6 6 doesn't divide into 1, so the 1 carries.

6 divides into 18, 3 times. 6 divides into 6, once.

Rounding (to different degrees of accuracy)

* 5 and above rounds up *

24356 To the nearest integer (whole number)

24

24.3<u>5</u>6

To 3 significant figures (starting at first non-zero digit)

24.4

24.356 To 2 decimal places (digits after the decimal point)

24.36

Draw in your line then check the number to the right

Algebra can be seen in many forms. The ones you will see most often are in an equation, expression, inequality and identity

Expression: x + 3

An expression is made up of terms and never has an equals sign

Inequality: x + 3 < 4

An inequality has either a <, >, ≤ or ≥ sign

Inverse Operations

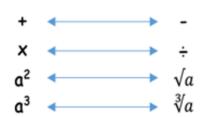
A pair of inverse operations are when two operations performed on a number (or variable), results in the original number (or variable)

Equation: x + 3 = 4

An equation always has an equal: sign

Identity: $2x \equiv x + x$

The two sides are always equal n matter the value of x



Subject Terminology		
Term	A term is either a single number or variable, or numbers and variables multiplied together.	
Co-efficient	A number used to multiply a variable.	
Simplify	Collect like terms (with same variable) to make an expression or equation simpler	
Solve	To find a value (or values) we can put in place of a variable that makes the equation true.	
Substitute	To replace variables with given values	
Form	To represent problems algebraically	
Expand	Multiply each term inside brackets by terms on the outside of the brackets.	
Factorise	Factorising is the inverse of expanding brackets by finding what to multiply to get an expression.	

Expanding and Simplifying Double brackets

To expand two binomials, we multiply each term by both terms in the other bracket

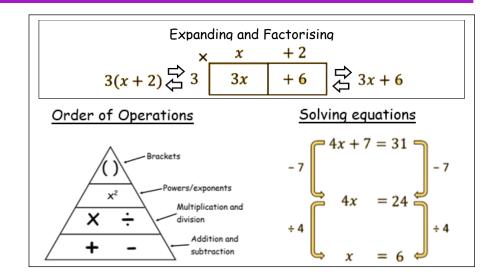
Expand
$$(a + b)(c + d)$$

Example: Expand (a + 2)(a - 3)

×	а	+2
α	a ²	20
-3	-3a	-6

$$ac + bc + ad + bd$$

$$a^2 - a - 6$$



Algebra

Subject terminology		
Indices	Another name for powers, these can be positive, negative, integer or fractional.	
Algebraic Fractions	Fractions which involve variables, either to solve or simplify	
Re-arrange	Change the subject of an equation	
Equations	A process which has an equal sign, used for solving	
Simultaneous Equations	Two equations with two different variables, both of which can be solved	
Elimination (simultaneous equations)	When there is a common term in both equations, these can be cancelled out	
Substitution (simultaneous equations)	When there is a common variable in both equations, one can be substituted into the other	
Variable	The letter which is used in algebra	

General rule:
$$a^m \times a^n = a^{m+n}$$

$$2^5 \times 2^7 = 2^{5+7} = 2^{12} \qquad \qquad x^3 \times x^8 = x^{3+8} = x^{11} \qquad \qquad \underbrace{\text{Key Fact}}$$
General rule: $a^m \div a^n = a^{m-n}$

$$2^{14} \div 2^7 = 2^{14-7} = 2^7 \qquad \qquad x^{10} \div x^8 = x^{10-8} = x^2$$
General rule: $(a^m)^n = a^{m \times n}$

$$(5^4)^2 = 5^{4 \times 2} = 5^8 \qquad (4h^9)^3 = 4^3 \times h^{9 \times 3} = 64h^{27}$$

Negative indices: A negative power performs the reciprocal

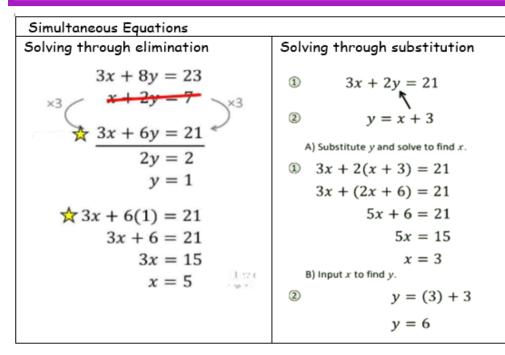
General rule:
$$a^{-m} = \frac{1}{a^m}$$

$$3^{-1} = \frac{1}{3}$$
 $\left(\frac{3}{4}\right)^{-1} = \frac{4}{3}$ $7^{-2} = \frac{1}{7^2} = \frac{1}{49}$ $2^{-3} = \frac{1}{2^3} = \frac{1}{8}$

<u>Fractional indices</u>: The denominator of a fractional power acts as a root. The numerator acts as a normal power.

General rule:
$$a^{\frac{m}{n}} = (\sqrt[n]{a})^m$$

$$27^{\frac{2}{3}} = (\sqrt[3]{27})^2 = 3^2 = 9$$
 $\left(\frac{25}{16}\right)^{\frac{3}{2}} = \left(\frac{\sqrt{25}}{\sqrt{16}}\right)^3 = \left(\frac{5}{4}\right)^3 = \frac{125}{64}$



Adding algebraic fractions

To add algebraic fractions

- 1) Find the common denominator of the fractions
- 2) Cross multiply and write as a single fraction
- 3) Expand and simplify any brackets

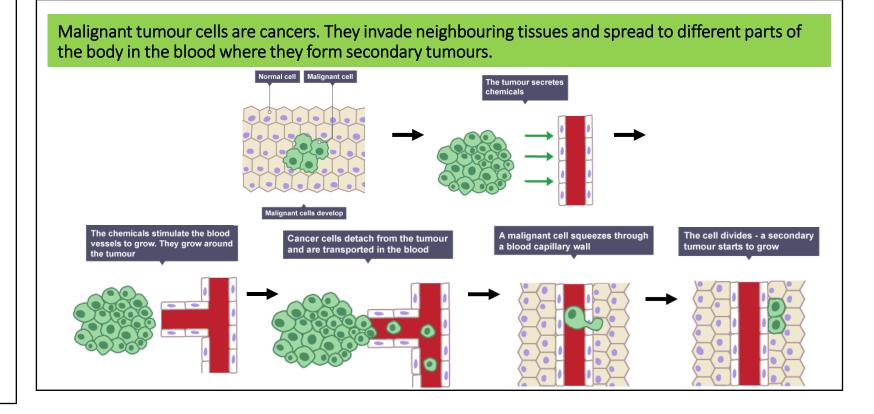
Example:
$$\frac{4}{x+3} + \frac{5}{x-2}$$

$$\frac{4}{x+3} + \frac{5}{x-2} = \frac{4(x-2) + 5(x+3)}{(x+3)(x-2)}$$
Find a common denominator.
$$= \frac{4x - 8 + 5x + 15}{(x+3)(x-2)}$$
Write as a single fraction straight away.
$$= \frac{9x + 7}{(x+3)(x-2)}$$

Risk factors & causal mechanisms

Risk factor	Disease risk factor is linked to	Explanation of how risk factor may cause disease
Smoking	Lung disease, lung cancer and cardiovascular disease	Chemicals in cigarette smoke (such as tar and nicotine) damage the alveoli in the lungs and the endothelial lining of the arteries.
Obesity caused by a poor diet	Type 2 diabetes	Excess consumption of sugar as a result of a poor diet reduces the body's sensitivity to insulin
Consuming alcohol	Liver disease and impaired brain function	The breakdown of alcohol by cells of the liver produces substances which can be toxic to liver cells in high concentrations. The neurones of the brain are also damaged by alcohol, reducing brain function.
Exposure to carcinogens	Cancer	Exposure to ionising radiation (eg. X-rays) or certain chemicals can damage DNA in cells leading to uncontrolled cell division, causing cancer
Smoking and consuming alcohol when pregnant	Poor development of foetus (unborn baby)	Carbon monoxide in cigarette smoke reduces the amount of oxygen transported around the mother's body, reducing the oxygen delivered to the foetus. Substances in alcohol can impair the development of the brain in a foetus.

Subject Terminology	Definition		
Non-communicable disease	A disease that is not spread by pathogens. For example cancer		
Benign tumour	A tumour that cannot spread around the body.		
Malignant tumour	A tumour that can spread around the body (cancer).		
Carcinogen	A substance that causes cancer.		
Stents	A small tube placed in a blood vessel used to keep the coronary arteries open		
Statins	Drugs used to reduce blood cholesterol levels which		
	slows down the rate of fatty material deposit.		
Risk factor	Something that increases the likelihood of developing a disease		
Casual mechanism	Where a direct link has been made between a risk factor and a disease		
emphysema	Disease in which the walls of the alveoli break down, reducing the surface area for gas exchange		
	in the lungs.		



Paper 1 Subject: Science - Chemistry

Topic: C6 Electrolysis

Electrolysis cell

During electrolysis:

- Positively charged ions move to the negative electrode during electrolysis. They receive electrons and are reduced.
- Negatively charged ions move to the positive electrode during electrolysis. They lose electrons and are **oxidised**.

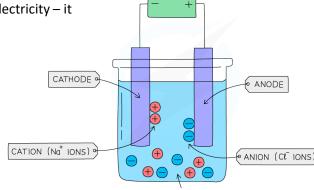
The substance that is broken down is called the electrolyte. To be an electrolyte, a substance must be able to conduct electricity – it needs to be molten or dissolved ionic substance

To remember the name of the electrodes:

- · Positive is the
- Anode
- Negative
- IS the
- Cathode

Is it oxidation or reduction?

- Oxidation
- Is the
- Loss (of electrons)
- Reduction
- Is the
- Gain (of electrons)

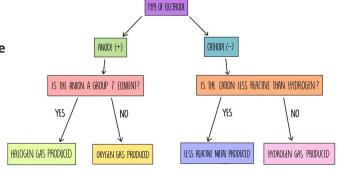


Predicting the products of electrolysis

Molten electrolytes are split into their **elements**:

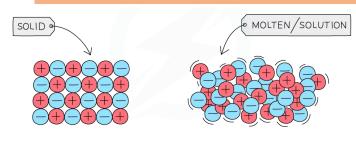
- •the metal is formed at the negative electrode
- •the non-metal element is formed at the positive electrode

Electrolysing aqueous solutions of **ionic compounds** can be more complicated than electrolysing **molten** compounds, because the water molecules can provide hydrogen ions (H⁺) and hydroxide ions (OH⁻), in addition to the **ions** from the ionic compounds.



Subject Terminology	Definition
Electrolysis	The decomposition (breakdown) of a compound using an electric current
ionic compound	An ionic compound occurs when a negative ion (an atom that has gained
	an electron) joins with a positive ion (an atom that has lost an electron)
Electrolyte	A substance which, when molten or in solution, will conduct an electric
	current
oxidation	The gain of oxygen, or loss of electrons, by a substance during a chemical
	reaction.
reduction	The loss of oxygen, gain of electrons, or gain of hydrogen by a substance
	during a chemical reaction.
Charge	Property of matter that causes a force when near another charge. Charge
ŭ	comes in two forms, positive and negative.
anode	The positively charged electrode in electrolysis
cathode	The negatively charged electrode in electrolysis
molten	A term used to describe a liquid substance (eg rock, glass or metal) formed
	by heating a solid.
Aqueous solution	a solution in which the solvent is water
brine	a high-concentration solution of salt (NaCl) in water (H2O)

Only molten ionic substances or solutions can conduct electricity



Particles in ionic compounds are in fixed position in the solid state but can move around when molten or in solution allowing them to conduct electricity.

Paper 1 Subject: Science - Physics

Equations to learn		
Symbol equation	Word equation	
P = I V	Power = current x potential difference	
$P = I^2 R$	Power = current ² x resistance	
Q = I t	Charge flow = current x time	
E = P t	Energy = power x time	
V = I R	Potential difference = current x resistance	
E = Q V	Energy = charge flow x potential difference	

<u>Units to learn</u>		
Power	Watts, W	
Current	Amps, A	
Potential Difference	Volts, V	
Charge	Coulombs, C	
Time	Seconds, s	
Resistance	Ohms, Ω	
Energy	Joules, J	

Live Wire Earth Wire BRown to the Right Green and Yellow Provides the AC Prevents the potential difference. appliance becoming Fuse **Neutral Wire** Melts when the BLue to the Left current is too high, Completes the circuity. breaking the circuit. **Outer insulation** Cable grip

Topic: P5 Electricity in the Home

Subject Terminology		
Alternating current	The potential difference changes direction.	
Direct current	The potential difference is always in the same direction.	
Mains electricity	The frequency is 50Hz the potential difference is 230V alternating current.	
Step-up transformer	Increases the potential difference, decreases current, increases efficiency in cables.	
Step-down transformer	Decreases the potential difference to make it safe for the consumer.	
National Grid	A system of cables and transformers linking power stations to consumers.	
Double-insulated	Appliances that are double-insulated do not have an Earth wire as the case is made from plastic and cannot become live.	

How to read an oscilloscope

To find potential difference:

- 1. Look at the V/div dial to see what each square represents.
- 2. Count how many squares the height of the wave is.
- 3. Multiply no squares x no on the dial.
- 4. This is your potential difference (volts)

To find the time period:

- 5. Look at the s/div dial to see what each square represents
- 6. Count how many squares the wavelength is.
- 7. Multiply no squares x no on the dial.
- 8. This is your time period



To find frequency:

9. Use the equation frequency = 1÷ time period



Case Study: UK Heat Wave 2003 Global pattern of air circulation **Changing pattern of Tropical Storms** Scientist believe that global warming is having an impact on the Causes Atmospheric circulation is the large-scale movement of air by which heat is frequency and strength of tropical storms. This may be due to an The heat wave was caused by an anticyclone (areas of high pressure) that distributed on the surface of the Earth. stayed in the area for most of August. This blocked any low pressure systems increase in ocean temperatures. Hadley Largest cell which extends that normally brings cooler and rainier conditions. from the Equator to between cell Effect Management 30° to 40° north & south. Protection The NHS and media gave People suffered from heat Middle cell where air flows Ferrel Preparing for a tropical storm guidance to the public. strokes and dehydration. Aid involves assisting after the cell poleward between 60° & 70° may involve construction Limitations placed on water use • 2000 people died from causes storm, commonly in LIDs. latitude. projects that will improve (hose pipe ban). linked to heatwave. Speed limits imposed on trains protection. Polar Smallest & weakness cell that Rail network disrupted and crop and government created occurs from the poles to the cell Development vields were low. 'heatwave plan'. Planning Ferrel cell. The scale of the impacts Involves getting people and the What is Climate Change? depends on the whether the emergency services ready to **Distribution of Tropical Storms.** country has the resources cope deal with the impacts. Climate change is a large-scale, long-term shift in the planet's weather with the storm. They are known by many names, Low High patterns or average temperatures. Earth has had tropical climates and ice including hurricanes (North America), Pressure Pressure ages many times in its 4.5 billion years. Prediction cyclones (India) and typhoons (Japan and Education Constant monitoring can help to Teaching people about what to Caused by Caused by East Asia). They all occur in a band that Recent Evidence for climate change. give advanced warning of a do in a tropical storm. hot air rising. cold air lies roughly 5-15° either side of the tropical storm Global Average global temperatures have increased by more Causes sinking. Equator. than 0.6°C since 1950. temperature stormy, Causes clear **Primary Effects of Tropical Storms** and calm cloudy Ice sheets & Many of the world's glaciers and ice sheets are melting. weather. weather. • The intense winds of tropical storms can destroy whole E.g. the Arctic sea ice has declined by 10% in 30 years. glaciers communities, buildings and communication networks. As well as their own destructive energy, the winds can generate Sea Level Average global sea level has risen by 10-20cms in the past abnormally high waves called storm surges. Change 100 years. This is due to the additional water from ice and Sometimes the most destructive elements of a storm are these thermal expansion. subsequent high seas and flooding they cause to coastal areas. **Enhanced Greenhouse Effect Secondary Effects of Tropical Storms** Recently there has been an increase in humans burning fossil fuels for **Formation of Tropical Storms** energy. These fuels (gas, coal and oil) emit greenhouse gases. This is making People are left homeless, which can cause distress, poverty and ill health due to lack of shelter. the Earth's atmosphere thicker, therefore trapping more solar radiation and The sun's rays heats large areas of ocean in the summer and autumn. Shortage of clean water and lack of proper sanitation makes it causing less to be reflected. As a result, the Earth is becoming warmer. This causes warm, moist air to rise over the particular spots easier for diseases to spread. **Evidence of natural change** Once the temperature is 27°, the rising warm moist air leads to a low Businesses are damaged or destroyed causing employment. 2 pressure. This eventually turns into a thunderstorm. This causes air Shortage of food as crops are damaged. Orbital Some argue that climate change is linked to how the Earth to be sucked in from the trade winds. orbits the Sun, and the way it wobbles and tilts as it does it. Changes Case Study: Typhoon Haiyan 2013 With trade winds blowing in the opposite direction and the rotation Dark spots on the Sun are called Sun spots. They increase the Sun Spots 3 of earth involved (Coriolis effect), the thunderstorm will eventually Causes amount of energy Earth receives from the Sun. start to spin. Started as a tropical depression on 2rd November 2013 and gained strength. Became a Category 5 "super typhoon" and made landfall on Volcanic Volcanoes release large amounts of dust containing gases. When the storm begins to spin faster than 74mph, a tropical storm the Pacific islands of the Philippines. These can block sunlight and results in cooler temperatures. **Eruptions** (such as a hurricane) is officially born. **Managing Climate Change** Effects Management With the tropical storm growing in power, more cool air sinks in the The UN raised £190m in aid. Almost 6,500 deaths. Carbon Capture **Planting Trees** 5 centre of the storm, creating calm, clear condition called the eye of 130,000 homes destroyed. USA & UK sent helicopter This involves new technology designed to Planting trees increase the amount of the storm. Water and sewage systems carrier ships deliver aid reduce climate change. carbon is absorbed from atmosphere. destroyed had caused remote areas. When the tropical storm hits land, it loses its energy source (the International Agreements diseases. Education on typhoon Renewable Energy warm ocean) and it begins to lose strength. Eventually it will 'blow Countries aim to cut emissions by signing Replacing fossil fuels based energy with Emotional grief for dead. preparedness. itself out'. international deals and by setting targets. clean/natural sources of energy.

The Church

All people in Europe at this time were Catholic and the Head of the Catholic Church is the **Pope**.

People in Norman times had strong religious beliefs. Most truly believed that they would go to **Heaven or Hell** when they died and the the Pope was God's representative on Earth.

The Church was also very wealthy and owned a lot of land.

This gave the church a lot of power and influence over people's lives.

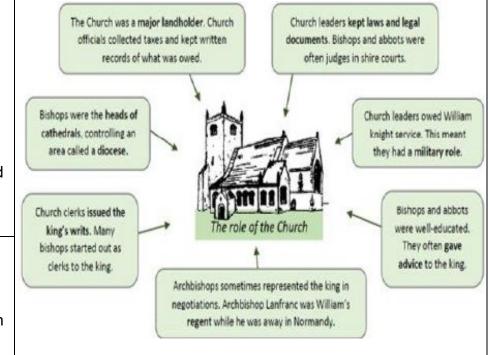
William had a close relationship with Pope Alexander II who was concerened about CORRUPTION within the Church in England:

Pluralism: many clergy had more than one job (role)

Simony: Positions sold to the highest bidder.

Nepotism: Positions given to friends and family

Many clergy were married evn though they had taken a vow of **Celibacy**.



The Last Anglo-Saxon Archbishop of Canterbury was **Stigand**. He was replaced in 1070 by the Norman Lanfranc. **Stigand** was a **PLURALIST** – he was bishop of Canterbury and Winchester so got the land and money from both roles. He was also accused of **SIMONY**.

TECHNICAL VOCABULARY			
Monastery/Monk	A building occupied by Monks (male) - a man who devotes their life to God and normally lives in isolation from society.		
Convent/ Nun	A building occupied by Nuns (female) – a woman who devotes their life to God and normally lives in isolation from society.		
Diocese	An area overseen by a bishop and served by a cathedral or church		
Parish	An area overseen by a priest and served by a local church		
Romanesque	The style in which Normans built cathedrals		
Penance	Making payment for sin either through money or actions		
Excommunicate	To be officially removed from the Catholic Church by the Pope		
Pious (piety)	Being respectful to God and being sincerely holy		
Benedictine	Following the teachings of St Benedict, a 6 th century monk.		
Vernacular	A local language, spoke by ordinary people.		
The Investiture	Arguments between Monarchs and the Pope over who could appoint		
Controversy	senior members of the Church (during rule of Henry I)		
Cluniac	An order of Monks who aimed to reform the Church		

Lanfranc's Reforms

Lanfranc was an Italian monk who had run St. Stephen's monastery in Normandy.

He was heavily involved in changes to the Church.

Within about 50 years, every English church and cathedral had been rebuilt in Norman style.

Although most priests were still Anglo-Saxons, after 1070 there was only one Anglo-Saxon bishop left (Wulfstan of Worcester).

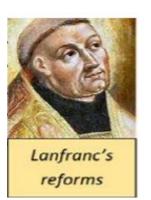
Williams change to the Church

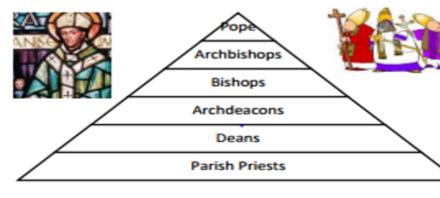
Bishops were replaced with Normans Normans stole wealth from places such as Durham. New cathedrals were built in new towns.

Changes helped William Control – people were scared to go against the Church in case they went to hell!

Lanfranc's Reforms

- He wanted priests to live spiritual lives.
- He banned marriage and made celibacy (no sex) compulsory for priests.
- From 1076, priets were tried in special church-only bishops' courts.
- There were more monasteries places dedicated to a spiritual life.
- Lanfranc introudced Norman guidelines for following and creating new laws.
- Anglo-Saxon catherals in rural locations were knocked down and rebuilt in market towns (e.g Thetford to Norwich)
- There were more archdeacons (below bishops but above priests). They looked after church courts.





Topic: The Norman Conquest (part three)

The Church was "Normanised":

Norman bishops and archdeacons influenced the messages people heard about the King and God. A quarter of all land was held by the Church. Putting Normans as Bishops and archdeacons reduced the risk of Anglo-Saxon rebellions.

Pope Alexander II William and William II Archbishop Lanfranc **Archbishop Anselm Pope Gregory English Cluniac** William and William II used From 1073 – 1085 he made a **Granted William of Normandy** A Monk and then an abbot, who A Monk and then an abbot. Brought to England in 1077 by William de Warenne. By 1135 there the Papal Banner to fight in the church for their gain advides William I on religious who became Archbishop of number of reforms to the Church. Canterubry in 1093. He had Hastings. (stealing from churches). affairs. including removing corruption and were 24 Cluniac monasteries in After the battle he ordered Example: one monk melted William made him the many arguments with William II ensuring the Church was England. These were the spiritual William to pay penance for down a chandelier for £40 Archbishop of Canterbury in and Henry I about their abuses independent from the Monarchy.In arm of the military conquest. New of the Church. Put Church religious houses built next to castles the killing. William built Battle (£35,000 in today's money). 1070. 1078 he banned Kings from Abbey which was finshed in However these were often before his King. appointing ishops and abbots in to demonstrate the Norman written by Anglo-Saxons. order to keep independence. 1095. domination had the blessing of God.

William the Conqueror was supported by the Pope for his conquest of England. William the Conqueror was successful in his quest to become King of England and held the position until 1087. Upon his death his son, William II succeeded him, however he had a complex relationship with the Pope and his Archbishop Anselm over abuses of the Church. This continued with Henry I who succeeded William II.

All people in Europe during the Norman period was Catholic and the head of the Catholic church is the Pope. He wanted to reform Religion in England as he believed it war corrupt. He supported William's invasion by giving him the Papal Banner. Archbishop Lanfranc set about Reforming the church in England.

The Norman conquest of England can be viewed as a Religious invasion as the Pope granted William of Normandy the Papal Banner. This meant many soldiers were drawn to William to fight for God in a "holy war".

Norman bishops and Archdeacons influenced the messages people heard about the King and God. A quarter of all land was held by the Church, which gave these people lots of power and control.

MONARCHY

RELIGION

INVASION

POLITICAL REFORM

Norman England HISTORICAL SUBSTANTIVE CONCEPTS

IDEOLOGY

The Normans wanted to remove corruption from within the Church in England. This meant the church underwent many reforms to bring them more into line with European religion.

CONFLICT

The Battle of Stamford Bridge and the Battle of Hastings both occurred in 1066.

These two battles determined who would be King of England.

REVOLUTION

Once he became King of England, William faced many revolutions from the Anglo-Saxons. Some of the most notably are as follows:

The Revolt of Edwin and Morcar 1068
Edgar Aethling Rebellions in the North
1069

The Harrying of the North1069-70 Hereward the Wake and rebellion at Ely 1070 - 1071

The Revolt of the Earls 1075

TAX & ECONOMY

The Norman Church would charge penance for people to remove their sins. This was payment throughout either money or actions, which meant the Church would be very wealthy. Many individuals left the Church money and land after they died so they could be prayed for in the afterlife.

¿Qué te gusta estudiar? ¿Qué te gustaría ser / hacer en el futuro? ¿Qué planes tienes?

OPINION	NOUN
Me encanta(n) = I love	el inglés = English
Me chifla(n) = I love	el dibujo = art
Me mola(n) = I love	el español = Spanish
Me flipa (n) = I love	el alemán = German
Me gusta(n) mucho = I really like	el francés = French
	el comercio = business studies
Me gusta(n) = I like	el teatro = drama
Me interesa(n) = I'm interested in	la cocina = food technology
	la biología = biology
Me da(n) igual = I don't care about	la química = chemistry
No me importa(n) = I don't care about	la física = physics
No me interesa(n) = I'm not interested in	la religión = RE
No me gusta = I don't like	la informática = ICT
No me gusta(n) nada = I really don't like	la historia = history
	la música = music
Detesto = I hate	la geografía = geography
Odio = I hate	la educación física = PE
	la tecnología = technology
	las ciencias = science
	las matemáticas = maths
No aguanto = I can't stand	las asignaturas = subjects

CONNECTIVE	In my opinion	I think that it is /	QUALIFIER	ADJECTIVE
because		they are		
	a mi modo de ver		demasiado = too	aburrido/a/os/as = boring
porque		creo que es / son	muy = very	bueno/a/os/as = good
	en mi opinión		super = very	divertido/a/os/as = fun
dado que		pienso que es / son	tan = so	obligatorio/a/os/as = compulsory
	para mí		bastante = quite	entretenido/a/os/as = entertaining
puesto que		considero que es / son	un poco = a bit	educativo/a/os/as = educational
	desde mi punto de vista			estupendo/a/os/as = great
ya que		me parece que es /		interesante(s) = interesting
	a mi juicio			emocionante(s) = exciting
aunque = although				importante(s) = important
				fácil /faciles = easy
				útil /utiles = useful
				inútil / inutiles= useless
				difícil / dificiles = difficult
				fenomenal(es)= great
				genial(es) = great

CONNECTIVE	VERB	NOUN
Siempre = always	estudio = I study estudiamos = we study	en la biblioteca = in the library muchas asignaturas = lots of subjects
Casi siempre = almost always	escucho = I listen escuchamos = we listen	al profesor = to the teacher a la directora = to the head teacher música = music
Normalmente = normally	hablo = I speak hablamos = we speak	con mis amigos = with my friends con mis compañeros = with my friends
Por lo general = Generally	llevo = I wear llevamos = we wear	el uniforme = uniforme una chaqueta = a blazer una corbata = a tie
A menudo = often	veo = I watch vemos = we watch	un vídeo = <mark>a video</mark>
A veces = sometimes	leo = I read leemos = we read	un libro = a book en la biblioteca = in the library
De vez en cuando = sometimes	como = I eat comemos = we eat	en la cantina = in the canteen un bocadillo = a sandwich una pizza = a pizza
Rara vez = rarely	bebo = I drink bebemos = we drink	en clase = in class en el laboratorio = in the laboratory agua mineral = water una limonada = a lemonade un zumo de naranja = an orange juice
Casi nunca = Almos never	uso = I use usamos = we use	los campos de deporte = the sports field las instalaciones = the facilities el patio = the playground los ordenadores = the computers
Nunca = never	escribo = I write escribimos = we write	en mi cuaderno = in my exercise book en mi agenda = in my planner

Verb	Infinitive
Se debe = you must	usar el móvil en clase = use your phone in class
No se debe – you mustn't	llevar piercings en el insti = wear piercings in school
No se permite = You are not allowed	correr en los pasillos = run in the corridors
Está prohibido = It is forbidden	ser agresivo o grosero = be aggressive or rude
Se puede = you can	llevar uniforme = wear uniform
No se puede = you can't	ser puntual = be on time
Se debería = you should No se debería = you shouldn't	comer chicle = chew gum
Se podría = you could No se podría = you couldn't	salir del instituto durante el día escolar = leave school during the school day

el acoso escolar = bullying

las normas / las reglas = rules

la presión del grupo = peer pressure

sufrir el estrés de los exámenes = suffer exam stress

llevar el uniforme = to wear uniform

el próximo trimester = next term

el recreo = break

la hora de comer = lunch hour

los deberes = homework

suspender una prueba = to fail a test

aprobar mis exámenes = to pass exams

hacer novillos = to skip lessons

Verb	Noun	Connective	In my opinion	I think that	Verb	Infinitive
Me encantaría ser = I would love to be	ama de casa = housewife albañil = bricklayer	because			puedo = I can	ayudar otras personas = to help other people
Me chiflaría ser = I would love to be	azafato = flight attendant	porque		creo que		ganar mucho dinero = to earn a lot of money
Me molaría ser = I would love to be	bombero = firefighter abogado = lawyer		en mi opinión		quiero =	reparar coches = to repair cars
Me fliparía ser I would love to be	cajero = cashier panadero = baker	dado que			I want	vigilar los niños = to look after children
Me apetecería ser = I would be interested to be	camarero = waiter			pienso que		enseñar los niños = to teach children
Me interesaría ser = I would be interested to be	cocinero = cook carnicero = butcher	puesto que	a mi juicio			encargarme = to be in charge of
Me fascinaría ser = I would be fascinated to be	enfermero = nurse gerente = manager	ya que	para mí		tengo ganas de = I want to	montar mi propio negocio = to set up my own business
Me gustaría ser = I would like to be	fontanero = plumber electricista = electrician	aunque =			voy a = I am going to	viajar por todo el mundo = to travel the world
Quisiera ser = I would like to be	ingeniero = engineer secretario = secretary	although		considero que		cuidar a los clientes / pacientes / jubilados= to look after the customers / patients / retired people
	jardinero = gardener					contestar llamadas telefónicas = to answer phone calls
	mecánico = mechanic		a mi modo de ver	me parece que	espero = I hope	preparar platos = to prepare meals
	medico = doctor					servir comida y bebida = to serve food and drink
	militar = soldier soldado = soldier			a mi parecer	tengo la intención de =	vender ropa de marca = to sell designer clothes
No me gustaría ser = I wouldn't like to be No me interesaría ser = I wouldn't be interested to be	peluquero = hairdresser recepcionista = receptionist contable = accountant				I intend to planeo = I plan	trabajar al aire libre / en un hospital / en un taller / en una tienda / en una oficina = to work in the fresh air / in a hospital / in a workshop / in a shop / in an office
Detestaría ser I would hate to be	periodista = journalist veterinario = vet		desde mi punto de vista			ambiciosa ambitious trabajadora = hardworking paciente = patient inteligente = intelligent
No me apetecería ser = I wouldn't be interested to be	policía = police officer traductor = translator				soy una persona	creativa = creative organizada = organized seria = serious práctica = practical
Odiaría ser I would hate to be	profesor = teacher				= I am a person	extrovertida = outgoing

	Opinion	Infinitive	Connective	Opinion
Si pudiera = If I could	me encantaría = I would love	ganar mucho dinero = to earn a lot of money		lo pasaría bomba = I would have a great time
Si fuera posible = If it was possible	me molaría= I would love	buscar un trabajo = to look for a job formar una familia = to have a family		lo pasaría fenomenal = I would have a great time
Si ganara la lotería = If I won the lottery	me chiflaría = I would love	ir a España = to go to Spain casarme = to get married		lo pasaría fantástico = I would have a fantastic time
Si tuviera bastante dinero = If I had enough money	me interesaría = I would be interested	pasar un año en Australia = to spend a year in Australia	porque = because	lo pasaría fatal = I would have an awful time
Cuando sea mayor = When I am older	me apetecería = I would be interested	aprender a esquiar = to learn to ski	dado que =	lo encontraría aburrido = I would find it boring
Cuando tenga dieciocho años = When I am 18	me fascinaría = I would be fascinated	viajar con mochila por el mundo = to go backpacking around the world	puesto que = because	lo encontraría interesante = I would find it interesting
Después de haber estudiado = After having studied	me gustaría = I would like quisiera = I would like	comprar un coche / una casa = to buy a car / house	ya que = because	sería estupendo = it would be great
Cuando termine mis estudios = When I finish studying	no me gustaría = I wouldn't like	ser famoso / rico = to be famous / rich	aunque = although	sería fantástico = it would be fantastic
Después de haber terminado mis exámenes = After having finished my exams	no me apetecería = I wouldn't be interested	trabajar en un orfanato = to work in an orphanage		sería guay = it would be cool sería divertido = it would be fun
Después de haber terminado en la universidad = After having finished university	no me interesaría = I wouldn't be interested	apoyar un proyecto medioambiental = to support an environmental project		sería aburridísimo = it would be extremely boring

Qu'est-ce que tu aimes faire pendant les vacances ?



Opinions – Week 1					
Opinion	Infinitive	Because	In my opinion	Verb	Infinitive
Ça me dérange de = I get annoyed	aller – to go				se reposer – relax
Je suis fasciné par = It fascinates me	voyager – to travel	parce que	à mon avis		lire - read
Je suis amusé par – I have fun	séjourner – to stay				prendre des photos – take photos
Je suis déçu par – It disappoints me	nager – to swim				acheter des souvenirs – buy souvenirs
Je m'en fiche de – I'm not bothered about	faire du ski- to ski	car	selon moi	je peux =	parler la langue- speak the language
J'apprécie = I appreciate	voler – to fly			I can	faire du tourisme – go sightseeing
Je préfère – I prefer	acheter – to buy				essayer des repas locaux- try local dishes
Il vaut mieux – it's worth	se reposer – to rest				découvrir la culture – discover the culture
J'en ai marre de – <mark>I'm fed up of</mark>	se bronzer – to sunbathe				envoyer les cartes postales – send postcards
Je suis d'accord avec – I am in favour of	danser – to dance				manger la nourriture typique = eat typical food

			Present	t Tense – Week 2			
Verb	Time expression	Nouns	Connective	Noun	Verb	Infinitive	Nouns
Je vais = I go	toujours = always	en Espagne = to Spain	mais = but	je = I	préfère =	aller = to go	en italie = to Italy
		en France = to France			prefer		au Portugal = to Portugal
Je voyage = I travel	presque toujours =	en avion = by plane		mon frère		voyager = to travel	en bateau = by boat
	nearly always	en voiture = by car		ma sœur			en train = by train
Je séjourne = I stay	normalement =	dans une caravane = in a caravan	cependant =	ma mère	préfère =	séjourner = to stay	dans un hôtel = in a hotel
	normally	dans une tente = in a tent	however	ma famille	prefers		dans un auberge = in an inn
Je nage = I swim	souvent = often	dans la mer = in the sea		mon père		nager = to swim	dans un lac = in a lake
		dans une piscine = in an indoor pool		mon cousin			dans une piscine = in a swimming pool
				ma grand-mère			
J'achète = I buy	généralement =	les souvenirs = souvenirs				acheter = to buy	un porte-clés = a keyring
	generally	un postal = a postcard		mes parents et moi			un béret = béret
				ma mère et moi			du fromage = some cheese
Je me bronze = I	quelquefois =	à la plage = on the beach	pourtant =	ma grand-père et moi	préférons =	se bronzer = to	à la plage = on the beach
sunbathe	sometimes	à côté de la piscine = next to the pool	however	mon frère et moi	prefer	sunbathe	à côté de la piscine = next to the pool
Je visite = I visit	parfois = sometimes	les monuments = the monuments		mon père et moi		visiter = to visit	le stade = the stadium
		le château = the castle		mon oncle et moi			le musée = the museum
		l'aquarium = the aquarium					le parc d'attractions = the theme park
Je mange = I eat	rarement = rarely	les escargots = snails	alors que =	mes parents		manger = to eat	la nourriture typique = typical food
		la tartiflette = cheesy potatoes	while	mes grands-parents			les repas locaux = local dishes
Je bois = I drink	de temps en temps =	de la limonade = lemonade		mes amis	préfèrent =	boire = to drink	le vin rouge = red wine
	from time to time	de l'eau minérale = water		mes cousins	prefer		la bière = beer
Je lis = I read	en général = generally	un roman = a novel	tandis que =			lire = to read	un magazine = a magazine
		un livre = a book	whilst				un journal = a newspaper

		Past tense – Im	perfect and Perfect Week 3			
Time Expression	Verb	Noun	Connective	Verb	Qualifier	Adjective
Hier = Yesterday	je suis allé = I went	au Portugal = to Portugal	et = and	c'était = it was	trop = too	drôle = funny
Avant-hier = The day		aux Etats-Unis = to the USA				amusant(e) = fun
before yesterday	j'ai voyagé = I travelled	en car = by coach	mais = but	j'ai trouvé que c'était = I found	très = very	(dés)agréable =
Hier matin = Yesterday		en avion = by plane		that it was		(un)pleasant
morning	j'ai bu = I drank	du coca = some coke	cependant = however		un peu = a bit	ennuyeux(se) = boring
Hier soir = Yesterday		du jus de pomme = apple juice		j'ai pensé que c'était = I thought		ambitieux(se) =
evening	j'ai lu = I read	un roman = energy	pourtant = however	that it was	assez = quite	ambitious
La semaine dernière = Last		un journal = petrol				embêtant(e) = annoying
week	j'ai visité = I did	le stade = the stadium	en revanche = on the other	j'ai cru que c'était = I believed	vraiment = really	rapide = fast
Le week-end dernier =		le musée = the museum	hand	that it was		lent = slow
Last weekend		le parc d'attractions = the theme park			extrêmement =	cool = cool
L'année dernière = Last	je me suis bronzé = I	à la plage = on the beach	toutefois = however	j'ai consideré que c'était = I	extremely	génial = great
year	sunbathed	à côté de la piscine = next to the pool		considered that it was		fantastique = fantastic
II y a deux mois = Two	j'ai mangé = I ate	une tarte tatin = caramelised upside-down	néanmoins = nevertheless			reposant = relaxing
months ago		apple tart		ce n'était pas = it was not		merveilleux = great
		un pain au chocolat = chocolate croissant				animé = lively
	j'ai séjourné = I stayed	dans un hôtel = in a hotel				difficile = difficult
		dans un auberge de jeunesse = in a youth				facile = easy
		hostel				divertissant =
						entertaining

		Future Tense – If Clauses				
If clause starter	Verb	Noun	Connective	In my opinion	I think that it would be	Adjective
Si j'ai beaucoup d'argent = If I have	j'irai = I will go	au Portugal = to Portugal	parce que	à mon avis		génial = great
a lot of money		aux Etats-Unis = to the USA				fantastique = fantastic
Si j'ai assez d'argent = If I have	je visiterai = I will visit	les magasins locaux = the local shops			je pense que ce sera	reposant = relaxing
enough money		le parc d'attractions = the theme park			je pense que ce sera	merveilleux = great
Si j'ai de la chance = If I am lucky	je voyagerai = I will travel	en car = by coach				animé = lively
Si j'ai l'occasion = If I have the		en avion = by plane	car	selon moi	je considère que ce sera	difficile = difficult
opportunity	je voudrai = I will want	découvrir la culture – discover the culture				facile = easy
Si je peux = If I can		parler la langue- speak the language			je crois que ce serait	divertissant = entertaining
	je mangerai = I will eat	une tarte tatin = caramelised upside-	puisque	pour moi		amusant(e) = fun
		down apple tart		-	il me semble que ce	(dés)agréable = (un)pleasant
		un pain au chocolat = chocolate croissant		en ce qui me	serait	ennuyeux(se) = boring
Si j'avais beaucoup d'argent = If I	j'irais = I will go	au Portugal = to Portugal		-	Serait	ambitieux(se) = ambitious
had a lot of money		aux Etats-Unis = to the USA		concerne		embêtant(e) = annoying
Si j'avais assez d'argent = If I had	je visiterais = I will visit	les magasins locaux = the local shops				important = important
enough money		le parc d'attractions = the theme park				
Si j'avais de la chance = If I was	je voyagerais = I will travel	en car = by coach				
lucky		en avion = by plane				
Si j'avais l'occasion = If I had the	je voudrais = I will want	découvrir la culture – discover the culture				
opportunity		parler la langue- speak the language				
Si je pouvais = If I could	je mangerais = I will eat	une tarte tatin = caramelised upside-				
		down apple tart				
		un pain au chocolat = chocolate croissant				

		Opinio	ons – Week 1			
Opinion		Infinitive	Because	In my opinion	I think that it is	Infinitive
Ça me dérange de = I get annoyed	étudier = to study	l'anglais = English			je pense que	ennuyeux(se) = boring
Je suis fasciné par = It fascinates me		le dessin = art			c'est	bon(ne) = good
Je suis amusé par – <mark>I have fun</mark>	faire = to do	l'espagnol = Spanish	parce que	à mon avis		amusant(e) = fun
Je suis déçu par – <mark>It disappoints me</mark>		l'allemand = German			je crois que	obligatoire = compulsory
Je m'en fiche de – <mark>I'm not bothered</mark>	aller = to go	le français = French			c'est	divertissant(e) = entertaining
about		les études commerciales = business				éducatif(ve) = educational
J'apprécie = <mark>l appreciate</mark>	assister à = to attend	studies	car	selon moi	je considère	génial(e) = great
Je préfère – <mark>I prefer</mark>		le théâtre = drama			que c'est	intéressant(e) = interesting
II vaut mieux – it's worth		la cuisine = food technology				passionnant(e) = exciting
J'en ai marre de – <mark>I'm fed up of</mark>		la biologie = biology		pour moi	il me semble	important(e) = important
Je suis d'accord avec – I am in favour of		la chimie = chemistry			que c'est	facile = easy
		la physique = physics		en ce qui me		utile = useful
		l'éducation religieuse = RE		concerne		inutile = useless
		l'informatique= ICT				difficile = difficult
		l'histoire = history				phénoménal(e) = great
		la musique = music				fantastique = fantastic
		la géographie = geography				
		l'éducation physique = PE				
		la technologie = technology				
		les sciences= science				
		les maths = maths				
		à l'école = to school				
		aux cours = to lesson				

		Week 2 – Present tense	
Days of the Week	Verb	Time expression	NOUN
Lundi	J'étudie = I study	toujours = always	à la bibliothèque = in the library
Mardi	Nous étudions = We study	presque toujours = almost always	beaucoup de matières = lots of subjects
Mercredi	J'écoute = I listen	normalement = normally	au professeur = to the teacher
Jeudi	Nous écoutons = We listen	souvent = often	de la musique = music
Vendredi	Je parle = I speak	quelquefois = sometimes	avec mes amis = with my friends
Samedi	Nous parlons = We speak	parfois = sometimes	avec mes copains = with my friends
Dimanche	Je regarde = I watch	rarement = rarely	un vidéo = a video
	Nous regardons = We watch	ne jamais = never	
	Je lis = I read		un livre = a book
	Nous lisons = We read		à la bibliothèque = in the library
	Je mange = I eat		à la cantine = in the canteen
	Nous mangeons = We eat		un sandwich = a sandwich
	Je bois = I drink		en classe = in class
	Nous buvons = We drink		à la laboratoire = in the laboratory
			l'eau minérale = water
	J'écris = I write		dans mon cahier = in my exercise book
	Nous écrivons = We write		dans mon agenda = in my planner

		Past tense – Im	perfect and Perfect Week 3			
Time Expression	Verb	Noun	Connective	Verb	Qualifier	Adjective
Hier = Yesterday	j'ai étudié = I studied	le français = French	et = and	c'était = it was	trop = too	drôle = funny
Avant-hier = The day		l'anglais = English				amusant(e) = fun
before yesterday		les maths = Maths	mais = but	j'ai trouvé que c'était = I found	très = very	(dés)agréable =
Hier matin = Yesterday	j'ai travaillé = I worked	à l'école = at school		that it was		(un)pleasant
morning		aux cours = in lessons	cependant = however		un peu = a bit	ennuyeux(se) = boring
Hier soir = Yesterday	j'ai parlé = I spoke	avec mes amis		j'ai pensé que c'était = I thought		ambitieux(se) =
evening		avec le professeur	pourtant = however	that it was	assez = quite	ambitious
La semaine dernière = Last	je suis allé = I went	à l'école = to school				embêtant(e) = annoying
week		à la récré = to break	en revanche = on the other	j'ai cru que c'était = I believed	vraiment = really	rapide = fast
Le week-end dernier =			hand	that it was		lent = slow
Last weekend					extrêmement =	cool = cool
L'année dernière = Last			toutefois = however	j'ai consideré que c'était = I	extremely	génial = great
year				considered that it was		fantastique = fantastic
Il y a deux mois = Two			néanmoins = nevertheless			reposant = relaxing
months ago				ce n'était pas = it was not		merveilleux = great
Lundi = On Monday	j'ai bu = I drank	de l'eau minérale = water				animé = lively
Mardi = On Tuesday		de la limonade = lemonade				difficile = difficult
Mercredi = On Wednesday	j'ai écrit = wrote	dans mon agenda = in my planner				facile = easy
Jeudi = On Thursday		dans mon cahier = in my exercise book				divertissant =
Vendredi = On Friday	j'ai mangé = I ate	un sandwich = a sandwich				entertaining
Samedi = On Saturday		un pain au chocolat = chocolate croissant				
Dimanche = On Sunday	j'ai porté = I wore	mon uniforme scolaire = my school uniform				

		Future Tense – If Clauses	Week 4			
If clause starter	Verb	Noun	Connective	In my opinion	I think that it would be	Adjective
Si j'ai beaucoup d'argent = If I have a lot of money Si j'ai assez d'argent = If I have enough money Si j'ai de la chance = If I am lucky Si j'ai l'occasion = If I have the opportunity Si je peux = If I can Si j'ai le choix = If I have the choice Quand je serai plus âgé(e) = When I am	j'irai = I will go je voudrai être = I will want to be je travaillerai = I will work je ferai = I will do	à l'université = to university au lycée = to college médecin = a doctor avocat = a lawyer pompier = a firefighter agent de police = a police officer professeur = a teacher à l'étranger = abroad un stage = a work experience placement un emploi d'été = a summer job	car puisque	à mon avis selon moi pour moi	je pense que ce sera je considère que ce sera je crois que ce serait il me semble que ce	génial = great fantastique = fantastic reposant = relaxing merveilleux = great animé = lively difficile = difficult facile = easy divertissant = entertaining amusant(e) = fun (dés)agréable = (un)pleasant
Si j'avais beaucoup d'argent = If I had a lot of money Si j'avais assez d'argent = If I had enough money Si j'avais de la chance = If I was lucky Si j'avais l'occasion = If I had the opportunity Si je pouvais = If I could Si j'avais le choix = If I had the choice	j'irais = I would go je voudrais être = I would like to be je travaillerais = I would work	au Portugal = to Portugal aux Etats-Unis = to the USA mécanicien = a mechanic maçon = a builder infirmier = a nurse facteur = a delivery driver plombier = a plumber à l'étranger = abroad		en ce qui me concerne	serait	ennuyeux(se) = boring ambitieux(se) = ambitious embêtant(e) = annoying important = important

Quand je serai plus âgé(e) = When I am je	e ferais = I would do	un stage = a work experience placement	
older		un emploi d'été = a summer job	

Musical Theatre / Choreography (Musical Theatre – see also Music and Acting)

Accent: a movement or shape performed to give emphasis

Accumulation: one dancer performs a phrase, other dancers join in one after another until performing in unison

Actions: travelling, turning, elevation, leaps

Adagio: slow, flowing and graceful movements

Alignment: correct placement of body parts in relation to

each other, important for health and safety

Allegro: fast, lively movements

Arabesque: standing on one leg, working leg is fully

straight, extending long behind the dancer

Attitude: standing on one leg with the other lifted (front or back). The leg in the air is bent, usually to a 145 degree

Beat: rhythmic unit of time

Binary: structure of a dance, consisting of two parts AB

Book: the dialogue and storyline of the musical

Canon: choreographic device where dancers perform the same movement at different times, overlapping the previous one

Chorus: type of refrain, repeated between versus / group of performers

Contact Improvisation: creation of movement without planning, where working with another dancer, parts of the body must always be touching

Contraction: curving the spine forward, starting from hips **Contrast:** movements or shapes with nothing in common

Duet: performance with two dancers

Dynamics: qualities of the movement based on speed, strength, flow

Episodic – choreography with several sections, linked by a theme

Improvisation: creation of movements without planning **Inversion:** performing phrases or sections upside down **Isolations:** movement which only involves one part of the

body

Jukebox Musical: a musical with a plotline based around existing songs

Mirroring: two or more dancers perform the same

movement while facing each other

Motif: a movement / phrase repeated in different ways

Narrative: the story of the dance

Phrase: a short sequence of linked movements

Posture: the way the body is held

Relationships: the way dancers interact Repetition: repeating movements or motifs

Retrograde: reversing the actions of a phrase or sequence

Revue: a musical show without a narrative storyline

Ronde de Jambe: movement where the leg is moved in a

circular motion

Rondo: structure, three of more sections, alternating between the main theme and additional ones – **ABACAD**

Solo: one dancer

Syncopation: movements which do not occur on the main

beat

Tempo: the speed of the dance

Ternary: structure of a dance, in three parts – **ABA Transitions:** movements linking phrases or sections

Unison: two or more dancers performing the same move at

the same time





Set Design

Amphitheatre: a circular or oval open-air venue

Apron: part of a proscenium arch stage which extends past the curtain

Auditorium: the part of the theatre where the audience sit, often referred to as the 'house'

Backdrop: large canvas or cloth on the back wall, usually painted and hung

Brace: support used to strengthen scenery, for example a flat

C.A.D: computer aided design

Carpentry: building set pieces using structures of wood

Composite Set: a set which remain the same throughout a play, often reflects a mood or theme

Counterweight System: a series of pulleys and weights used to balance and move scenery

Cue: a signal for a scene change

Cyclorama: a white wall or cloth at the back of the stage where light of images can be projected

Downstage: the area of stage closest to the audience

Flat: a frame covered with wood or canvas, used to create walls or scenery onstage

Fly System: a system of ropes, weights and pulleys used to move scenery vertically

Gauze: material which can be lit from both sides, it is transparent when lit from the side and opaque when lit from the front

Ground Plan: a scale drawing which shows the layout of the stage and set pieces

Model Box: a 3D scale model representation of the set

Muslin: cotton fabric used to create backdrops

Naturalistic: style of performance, a set would need to be realistic and believable

Promenade Theatre: the audience move around different spaces and follow the action rather than sitting in one place

Properties: items used in performance, either on stage or personal props for a character, for example drinking glasses, telephone

Proscenium Arch: type of staging where the audience

face the main stage

Rake: a sloped stage

Revolve: staging which can rotate

Rostrum: raised platform

Sight Lines: what the audience can see from their seats **Spattering**: a painting technique that involves flicking small droplets of paint onto a surface to create texture or a speckled effect

Strike: the process of taking down a set

Tab: a curtain which splits in the middle and opens to the side

Technical Rehearsal: in theatre, a rehearsal where the play is run from cue to cue

Thrust Stage: staging extends out into the audience on three sides

Trap: an opening in the stage floor

Truck: a moveable platform on wheels

Upholstery: the materials used to cover furniture

Upstage: area of the stage furthest from the audience

Vomitory: (Vom) an entrance or exit leading directly to the seating area

Wings: the area to the side of the performance space





Make Up and Hair Design

Acetone: solvent used to remove skin adhesive from wigs

Alginate: a powder made from seaweed, used to make casts

of body parts

Applicator: a tool used to apply make-up, for example,

brush, sponge or wand

Backcomb: combing hair from the end of the strand towards

the scalp, creating a thicker look

Bake: technique involving applying a thick layer of translucent powder over foundation, then leaving it to sit before dusting off

Balayage: hair colouring technique

Bald Cap: usually made of silicone or latex

Base: initial layer of make-up applied to create an even skin

tone

Blend: merging different make up colours or products to

create a smooth finish

Braid: hairstyle created by weaving strands of hair together

Collodion: liquid make up for creating scars

Contour: technique used to define areas of the face

Derma Wax: putty used to create skin wounds

Dewy: a make-up finish giving a healthy, radiant glow

Exfoliate: process of removing dead skin cells from the surface of the skin

Flashback: when the camera bounces off make up, for example, some powders, creating a white appearance

Greasepaint: make up supplied in stick form

Guide Comb: comb with graduated teeth

Hairpiece: a small section of hair attached to the scalp or performer's own hair to create volume or a specific style

Halo Eye: technique used where a lighter colour is applied to the centre of the eyelid, this is surrounded by a darker colour **Henna**: a natural dye, often used to create temporary tattoos or hair colour

Highlighting: using a lighter shade of colour to bring attention to certain features

Illuminator: product used to add a subtle glow or shimmer **Infill:** adding new hairs or filling gaps in eyebrow or eyelash extensions

Intensity: level of pigmentation in a product

Iridescence: gives off a shimmering effect in the light

Kabuki Brush: a dense, short handled brush

Kohl: eyeliner ingredient made from soot or charcoal

Liquid Latex: used for special effects, can be applied on skin to create wrinkles

Matte: a finish which has no shine

Neutralising: using make up to balance out certain colours,

for example redness

Pancake: water based make up powder, applied with a wet sponge

Pigment: the colour or tint of make up or dye

Prosthetics: the use of sculpting and moulding to create a different look, for example different facial features. Usually glued to the performer, rather than painted or moulded onto the skin like in SFX

SFX: special effects

Waterline: area below the eye but above the lower lashes

Wig Block: head shaped block

Xanthan Gum: natural ingredient often used as a thickener





Common Time

4/4 is also known as common time. Instead of 4/4 you can write:

TIME SIGNATURE / METRE

(How the pulse is grouped into bars)

Cut Common Time

2/4 is also known as cutcommon time. Instead of 2/4

You can write:

C

Time Signatures

Written at the start of the music (and anywhere it changes) to show how many beats there are per bar, plus what type of beat

Simple Time Signatures *Each beat can be divided into two equal halves







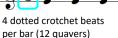
4 crotchet beats per bar

3 crotchet beats per bar

2 crotchet beats per bar

Compound Time Signatures *Each beat is dotted and can't be divided into two equal halves







3 dotted crotchet beats per bar (9 quavers)



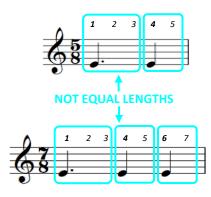
2 dotted crotchet beats per bar (6 quavers)

Listening Examples Go to Youtube to hear some examples of different metres:

2/4	Slaidburn March *A march is usually in 2/4 (Left, Right, Left, Right = 1, 2, 1, 2)
3/4	Shostakovich's Waltz No.2 *A waltz is a dance, usually in 3/4
4/4	All That Jazz (from Chicago) *Chicago is a Musical
5/4	Take Five (By Dave Brubeck) *Listen out for the jazz style
7/4	The start of Money (By Pink Floyd) *Listen out for the opening bass riff
6/8	We Are The Champions (By Queen) *Queen are a famous British Rock Band
12/8	The Way You Make Me Feel (By Michael Jackson) *Count 1&a 2&a 3&a 4&a

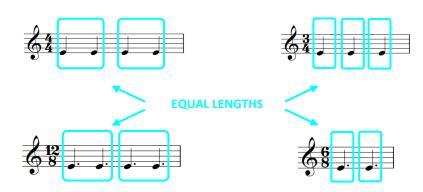
Irregular Time Signatures

Time signatures that <u>can't</u> be divided into equal groups of 2 or 3.



Regular Time Signatures

Time signatures that can be divided into equal groups of 2 or 3.



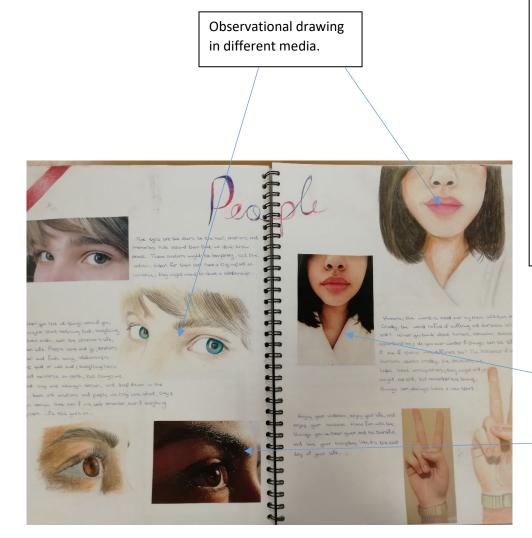
Writing Your Own Music

You must make sure every bar adds up to the correct number of beats. Changing metre is a good way to create contrast in your work.

Subject: KS4 Art Threshold Concept Link(s): Draw from observation and use a range of tone

Half-Term: HT1 +2 Y10 Coursework Project and media

Assessment Taxonomy					
LIMITED	BASIC	EMERGING	COMPETENT	CONFIDENT &	EXCEPTIONAL
		COMPETENT	&	ASSURED	
			CONSISTENT		
Unstructured	Deliberate	Reflective	Informed	Advanced	Accomplished
Clumsy	Methodical	Predictable	Purposeful	Convincing	Inspired
Disjointed	Superficial	Growing	Secure	Comprehensive	Intuitive
Minimal	Unrefined	Control	Engaged	Focused	Insightful
Elementary	Simplistic	Broadening	Skilful	Perceptive	Powerful
	Tentative	Endeavour	Thoughtful	Refined	Extraordinary
		Safe	Cohesive	Resolved	Unexpected
				Risk-taking	Outstanding
1-12 marks	16-24	28-36 marks	40-48 marks	52-60 marks	64-72 marks
	marks				



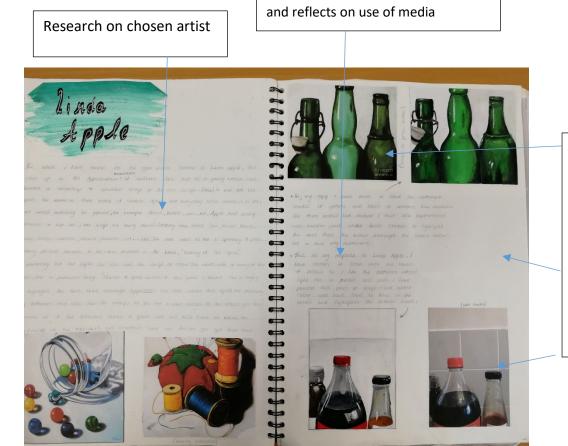
Initial research

Research will cover the 4 different themes of; man-made, people, environment and natural world. For each theme you will produce a double page of primary resources and research an artist, produce a copy of their work and then a response to their work. This will cover another double page.

Use your own photos not pictures from the internet.

TECHNICAL VOCABULARY		
Response	A reaction (to the work of an artist)	
Primary source	Observed first hand	
Experiment	To test (with different art media)	
Annotate	Explanatory notes	
Review	Evaluate	
Reflect	Reconsider and modify	
Independent	On your own	
Formal Elements	The Formal Elements are the parts used to make a piece of artwork. They should be commented on when discussing your own work	
Analyse	To examine in detail	
Media	Different art equipment like paint	

Annotation explains links to artist



Copy of chosen artist.

Response to chosen artist using own photo to draw from.

Energy, materials, systems and devices—Knowledge organiser

What	<u>Definition</u>	<u>What</u>	<u>Definition</u>
Turbines and generators	Electricity we use mainly involves a rotating turbine which turns a generator. 1. Fossil fuels are burned to create heat which intern superheats water. 2. The steam is used to rotate the turbines which are linked to a generator. 3. Provide us with a supply of electricity.	Solar energy	
Fossil fuels	Most of the heat that we generate electricity in the uk comes from burring fossil fuels such as coal, gas and oil. These are <u>FINITE resources</u> as they formed over many millions of years and cannot be replaced as they will eventually be run out!	<u>Nuclear</u>	The process harnesses a nuclear reaction that takes place in a vessel. Control rods are moved in or out of the core to regulate the power. The reaction generates heat which superheats water and then generates power by driving turbines and generators.
Shale Gas	Shale gas is a natural gas that is trapped within areas of shale in the earth crust. Shale is a sedimentary rock that can be a rich source of petroleum and natural gas. Fracking is the controversial process of extracting this shale gas.	Energy storage	There are a number of ways to store mechanical power. In most mechanical products, it uses tension or compression.
Renewable energy sources	This is energy that comes from the planets non-finite resources is considered to be renewable. This includes wind, wave and tidal, hydroelectricity, geothermal and biomass and Solar energy.	<u>Pneumatics</u>	Form of compression is used to store gas or air under pressure – controlled via valves and pistons.
Wind turbines	 Produce more power in the winter. Do not produce power when it is not windy. Can harm wildlife especially birds. Some consider it to be an eye sore. Has a term 'Nimbyism' – not in my back yard. 	<u>Hydraulics</u>	The gas or air in a pneumatic system can be swapped for a liquid, the most common is oil. Used in breaking systems and lifting mechanisms.
Solar energy	The solar cell technology captures the sun's rays and converts them into electric energy. The cells only produce energy during the daytime and production is less in the winter months owing to the shorter daytime length.	Kinetic energy	Kinetic is energy involve in motion. Any object in motion in kinetic energy. Throwing a ball or a person walking in kinetic energy.
Tidal energy	Tidal is more reliable than solar and wind and more predictable. The difficulty is the environment/ where it can be located. This means distance from land, repair work and is it in a conservation area. It is also very expensive to build.	Batteries	Electronic power can be stored in batteries. Batteries contain electro chemicals that react with each other to produce electricity. They come in many different sizes and provide different voltages and power levels. Batteries contain cells. Each cell providing 1.5 volts.
Hydro electric Power	Hydro electric power (HEP) generation is a very reliable source of renewable energy. It has high initial set up due to the machinery and the land needs to be flooded to create a reservoir.	Alkaline cells	Alkaline batteries have a higher capacity for their size than traditional acid based batteries Alkaline batteries tend to hold their charge well.
<u>Biofuel</u>	Production of Biofuel is becoming a way of producing energy for transporting and heating needs. Oil- and starch – producing crops are grown, harvested and refined into a number of products. This is biomass energy production. Biomass can also include wood chips and farm waste	Rechargeable batteries	These are available in different forms and is used in cordless products, phones, power tools portable speakers, laptops and tablets. These can be charged hundreds of times. These are more expensive than traditional batteries but they can be used, better on the environment and save you money down the long run.

Energy, materials, systems and devices—Knowledge organiser

<u>What</u>	<u>Definition</u>	<u>What</u>	<u>Definition</u>
Disposable Batteries	These are the acid based and alkaline batteries. They need to be disposed of properly and not put in normal waste as they can poison the ground when berried – the acid will get into the water stream.	Smart materials	A smart material is material that can change depending upon the environment its in! Different situations/ causes
Modern Materials	Technology is constantly changing in ideas, size and material as well as manufacturing processes.	Thermographic pigments	Inks and dies react to heat by changing colour at different temperatures – for example a product will turn red when becomes to hot. These are used in thermometers, spray paints and children's toys.
Corn starch	Corn starch is biodegradable whilst the plastic we use aren't. The soil can break down the starch polymers and they are non toxic to the environment.	Photochromic pigments	Inks and dies react to levels of light by changing colour. UV light effect the changes in the pigment, the longer its exposed to UV the darker it becomes.
Flexible MDF	Made from wood pulp fibres – same way as MDF. It has grooves across the width of the board leaving 2mm in tact. This allows the board to flex. Very popular in architects models and organic/ curved furniture.	Photochromic particles	Mainly used in sun glasses. The particles enable the lens to darken when in sunlight. Classes will appear normal when indoors.
Titanium	Titanium is a versatile metal and alloyed with other materials to enhance properties. Pure titanium does not react with the body so it is used extensively for the medical industry for artificial joints, implants and surgical tools. Titanium has a high strength to weight ratio.	Shape memory alloy	They can remember their pre-set shape, they can deform and then return back to their normal shape. To do this they need heat or electricity.
Fibre optics	Allows digital information to travel at high speeds – pulses of light. Much more than copper wires. Inner glass core is slightly thicker than a hair. Used in telephone, internet and TV signals.	Nitinol	Nitinol is an alloy of nickel and titanium. To programme its shape it has to be heated to 540 degrees then allowed to cool. When it is heated to 70 degrees it will spring back to its normal shape
<u>Graphene</u>	This is a two – dimensional material is the thinnest discovered. A million times thinner than a human hair. It is transparent, flexible and stretchable and very conductive.	<u>Polymorph</u>	Polymorph is a non toxic and biodegradable polymer. Comes in granules. When heated to above 62 degrees it can be remoulded. Used for prototyping.
LCD	Used in electrical appliances. Low cost and low powered. There is monochrome and coloured variety. Monochrome use a single backlit which is just black. Coloured LCDs uses a variety of colours and each colour require different voltages.	Quantum tunnelling Composite	Designed to be a conductor or insulator. Designed to work when pressure is applied. The more pressure = less resistance. Less pressure = more resistance.
<u>Nanomaterials</u>	They are between 1 and 100 nanometres but could be up to 1000. These materials exist on an atomic molecular scale and is great for electronics and science.	Piezoelectric material	Material that produces an electric voltage when squeezed or put under pressure. Used in gas lighters.
Metal Foams	These are porous metals structure made from aluminium. Made from 25% mass of their comparative size. Light weight but still have the same strength properties and can be recycled. Created by injecting gas into the liquid metal.	Litmus paper	Paper that changes colour depending on PH levels.

Energy, materials, systems and devices—Knowledge organiser

<u>What</u>	<u>Definition</u>	<u>What</u>	<u>Definition</u>
Carbon Fibre	Glass and carbon fibre reinforced plastic are woven together. This is designed to make it light and very strong.	Push pull linkage	Maintains the same direction of the input.
Technical textiles	This is a textile which has been developed to improve function and aesthetic qualities. Often the way its been manufactured ie spun or woven can also improve its properties.	Bel crank Linkage	Changes the direct through 90 degrees
Gortex fabric	A membrane is sewn between layers of fabric which creates a waterproof but breathable garment. Used in outdoor clothing. Stops water coming in but moisture to escape. Make user feel comfortable.	Crank and slider	Changes rotary motion in reciprocating motion.
<u>Kevlar</u>	Has high tensile strength and light Hard wearing and very strong Fibres known as ARAMIDS used for body armour in hazardous situations	Rotary systems	Used to drive machinery. They are mainly used to transfer one motion to another.
Conductive fabrics	Known as e-textiles Use highly conductive threads that allow electricity through it. LEDs and earphones can be used here.	CAMS and followers	A cam is a shape attached to a shaft. These can be many different shapes to produce different movements.
Fire resistant clothing	Called normex . Designed to with stand high temperatures and set a light to the naked flame. These can be used with curtains, sofas and T towels. When flames are exposed to it, it releases a chemical to slow the process of down to prevent it catching fire.	Gear trains	A simple gear train consists of a drive cog wheel which turns a driven wheel. The gears are calculated by how many time the drive gear turns to the driven gear.
Purpose of a mechanism	To gain mechanical advantage – To make a job easier.	Idler gear	Gears to change direction
Movement	Linear – straight line in one direction Reciprocating – back and forward in a straight line Rotary – round in one direction Oscillating – Round in both directions	Pulleys and belts	Needs grooves in a rimmed wheel that is used in conjunction with a belt to transmit movement. The pulley is attached to an axle and rotates. The pulleys are mainly used to lift loads.
<u>Lever</u>	Rigid beam that rotates across a pivot		
1st class lever	Effort one end, pivot in the middle and load on the end		
2 nd class lever	Pivot at one end, load in the middle and effort		
3 rd class lever	Pivot at one end, effort in the middle and load at one end		
Reverse Motion linkage	Changes one direction of input so the other foes in the opposite direction.		

Kitchen Brigade Job	Roles Front of house (Restaurant	t)
 Head chef/ executive chef- In charge of kitchen Training Staff Managing stock and menu planning Planning staff rotas Finding suppliers 	Restaurant Manager Responsible for the smooth running restaurant Communication with the kitchen, number of guests, dietary require Hiring and firing staff	
 Sous Chef In charge of day to day running of the kitchen Cover when head chef is off 	 Waitress Takes orders for food and drink Serves food and drink Clears and re- lays tables 	
Commis chef- Trainee sous chef • Assist the head chef	Sommelier • Advices customer on wine choice	
 Chef de partie- Section chef Responsible for a certain area like sauces and soups 	Receptionist	
Kitchen PorterWashes up and can do veg preparation	Concierge • Makes reservations, books taxis, but tickets	ooks

Hospitality and catering

Types of contracts				
Fulltime	Works specific hours	Entitled to holiday pay		
	Set hours/ days No more than 48hrs per week	Sick pay Paternity/ maternity cover		
Part time	Start and end time specified	Reduced sick pay		
	Specified hours	Reduced holiday pay, pro rata		
Casual worker/ Seasonal	Seasonal or agency work, cover for contracted member of staff Often needed at short notice	No holiday or sick pay entitlement		
Zero hours contract	Signed an agreement to work when they are required. No specified hours/ days are given	No holiday or sick pay entitlement		
Holiday entitlement	Full time 28days holiday Bank holidays- time off in lieu	Part time based on number of days or hours worked		
Remuneration	Tips Service charges Subsidised meals whilst on shift Accommodation- staff live on site	Dependent on establishment Tips may be divided up		

LO1 – (1.2)(1.3)

Personal attributes in Hospitality– This is not a job description

- Good listener, good communicator
- Calm and confident
- Able to take instructions and work as a team
- Physical stamina
- Able to take initiative
- Flexible and adaptable to different situations
- Punctual and reliable
- Willing to learn and develop skills
- A sense of humour
- Helpful and approachable
- Hard working
- Good commitment to completing the task
- Well organised and attention to detail
- Remain calm under pressure
- Good communication face to face and by phone

Training	Rates of pay
 KS4 – Level ½ vocational completed at school Post 16-19 Diploma in H&C Level 2 Diploma in professional cookery 1,2 Certificate in H&C Level 2 	 Dependent on age and experience Under 18's cannot work more than 40hrs PW. School leavers- minimum wage, £4.55 per hour 25yrs + national living wage Average salary in hospitality £25,000
University- HND/ HNC in	Rates are also dependent on where you live and your experience, age and training These are an example • Hotel management £37,300 • Head chef £36,600 • Pastry chef £30,000 • Receptionist £21,000 • Waiter/ bar staff £16,000 • Kitchen staff £16,000

Half-Term 2 - Sustainability

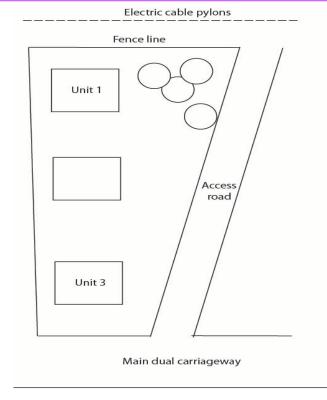
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Choice	Advantages	Disadvantages
Type of structure	Straw bale or timber-framed	These types of construction
	construction is good for the	may not suit the building that
	environment.	Lisa is designing.
Improving air quality	Passive stack ventilation could	Passive stack ventilation may
	improve the air quality indoors;	not be suitable for this size of
	green roof technology could	building; green roofs often add
	improve the air quality	unwanted extra weight to the
	outdoors.	structure.
Saving water resources	Rainwater harvesting and grey	The system may take up a lot of
	water recycling reduces the	space.
	amount of fresh water used by	
	a building.	
Maximising the use of natural	A southerly orientation could	
sunlight	reduce the amount of artificial	The building may become too
	lighting that the building	hot in summer or require the
	requires.	extra expense of louvre screens

	Greenfield	Brownfield
Economic advantages		
Economic disadvantages		

Subject - Construction

Give one sustainable example of each of the materials listed below and then suggest a use for this material.			
For example:			
Timber-based products Example: Structural insulated panels Use: Party walls			
1 Timber-based products			
Example:Cedar boarding			
Use:Exterior cladding			
2 Roofing materials			
Example:Thatch			
Use:Sustainable roof construction			
3 Insulation materials			
Example:Sheep's wool insulation			
Use:Loft insulation			





Religion, crime and punishment and reasons for crime		
In the UK who do the police arrest?	Police arrest people who are suspected of having broken the law by committing crimes.	
If the police question someone and believe they committed a crime what happens?	If the police are confident that they have the right person, then the person will be charged with that offence.	
What happens to a person charged with a serious crime in the UK?	Suspected offenders face a hearing in front of a local magistrate before going to Crown Court before a judge and a jury of 12 people.	
What do most serious offences carry?	A life sentence in prison although this doesn't mean people stay in prison until they die. A life sentence is usually 25 years.	
Can a UK court impose a sentence of physical harm or death?	No UK court can impose physical harm or death in some countries the death penalty is allowed.	
What is Civil Law?	Civil law concerns disputes between individuals or groups – landlords/tenants etc	
What do the teachings in the Bible warn against?	They warn against having any evil or wrong thoughts or intentions.	
In a religious sense who can evil be linked to?	Evil can be linked to the devil (Satan) who is the source of all that is considered evil.	
Do Christians believe that people are evil?	Many would say there is no such thing as an evil person. Human beings are imperfect and suffer from an original sin.	
What are some reasons for committing crime?	Poverty; opposition to unjust laws; hate; greed; addiction; mental illness and upbringing.	

	Christian attitudes
What are the general Christian attitudes to lawbreakers?	Christians are against people breaking the laws of their country as laws are there to protect the rights and security of all citizens.
What do Christians believe about lawbreakers?	Some believe that a punishment should be as severe as the crime committed; others believe that the lawbreaker should be helped so that they do not re-offend. They hate the crime but not the person.
What are Christian attitudes to how lawbreakers should be treated?	Lawbreakers have rights and these should be protected, even whilst they are being punished. Christians believe that inhumane treatment of offenders is wrong. Jesus said prisoners should be treated well.
What are Christian attitudes to different types of crime?	Christians condemn hate crimes and murder as all people are created with equal value and none should get inferior treatment.
What are Christian attitudes to suffering?	Christians should try and help those who are suffering; they should follow the example of Jesus who helped people in need.
Can we blame God for suffering?	Christians believe that God gave humanity the free will to behave as they choose. Teachings of Jesus give guidance to help.
If they cause suffering what should Christians do?	Christians should be honest to themselves; to other people and to God and work hard at repairing any damage they have caused so that relationships can be restored.
When should prison be used?	Most Christians agree that prison should be used as a punishment for serious crimes.
Would a Christian agree with corporal punishment?	Christians do not agree with this, they focus on positive sanctions that help rehabilitate offenders, they believe in following Jesus' example of treating all people with respect.

TECHNICAL VOCABULARY		
Crime	An offence which is punishable by law – stealing; murder etc.	
Punishment	Something legally done to somebody as a result of being found guilty of breaking the law.	
Evil	The opposite of good; a force or the personification of a negative power that is seen as destructive and against God.	
Poverty	Being without money, food or other basic needs of life (being poor)	
Mental illness	A medical condition that affects a person's feelings, emotions or mood and perhaps their ability to relate to others.	
Addiction	Physical or mental dependency on a substance or activity which is very difficult to overcome.	
Greed	Wanting to possess wealth, goods or items of value which are not needed.	
Retribution	An aim of punishment -to get your own back 'an eye for an eye.'	
Deterrence	An aim of punishment- to put people off committing crime.	
Reformation	An aim of punishment to change someone's behaviour.	
Free will	The ability of people to make decisions for themselves.	
Corporal punishment	Punishment of an offender by causing them physical pain – illegal in the UK.	
Forgiveness	Showing mercy and pardoning someone for what they have done wrong.	



Aims of punishment and the Death Penalty		
What is retribution?	This means to get your own back; in the Old Testament this is called lex talionis and means criminals should receive the same injuries and damage they caused their victim.	
What is deterrence?	If offenders are seen to be punished for their actions it is hoped that the threat of this will put others off committing crimes.	
In the past what punishments were used as deterrents?	Being punished in public – public floggings and executions.	
What is reformation?	This is the punishment that most Christians prefer as it seeks to help offenders by working with them to help them understand why their behaviour is harmful.	
Should Christians seek revenge?	No Christians should seek and show compassion.	
Is there a limit to forgiveness?	No there is no maximum amount of times a person should be forgiven. God's love is infinite so there can be no limit to forgiveness.	
What do Christians think about the death penalty?	Some agree with it and use teachings from the Old Testament to support their views: 'Whoever sheds human blood, by humans shall their blood be shed.' Genesis 9:6 and 'Life for life; eye for eye; tooth for tooth.' Exodus 21:23-24.	
Why do some Christians oppose the death penalty?	They do not believe that taking another life is right – only God has the right to take life.	

Y10 Subject Christian Practices 1

Worship		
What is Liturgical worship?	More likely to be seen in Roman Catholic and Anglican services. There is a liturgy (a set order) of things including set prayers and readings from the Bible.	
What is non-Liturgical worship?	This is usually in non-conformist churches and tends to be Bible based. There is a pattern, but the service leader has free choice, the prayers are usually in the person's own words and style - extemporary prayer.	
What is charismatic worship?	This contains elements of the other forms of worship but is free flowing. It focuses on the gifts of the Holy Spirit including speaking in tongues and the worship is often lively.	
What is Quaker worship?	There is no leader or structure; people sit in a circle around a table on which there is the Bible and Quaker writings. If someone wants to speak they can, otherwise people sit in silence.	
What is private worship?	It can be liturgical – an Anglican saying Morning Prayer or a Roman Catholic the Rosary. It can be non-liturgical – meditating on a Bible passage.	
Why is worship important?	It brings a sense of togetherness as a community; makes people feel close to God; it is an external expression of faith and it is peaceful allowing time for prayer and meditation.	
What is prayer?	Prayer is talking to and listening to God and the guidance of the Holy Spirit, it should be humble and persistent. You can pray for yourself; others; thank God; confess and praise.	

	Christian Festivals
What are the two most important festivals?	Christmas and Easter.
When and why do we celebrate Christmas?	We celebrate Christmas on the 25 th December and we remember the events around Jesus' birth.
Where do we find information about Christmas?	The main accounts are in the Gospels of Matthew and Luke.
How is Christmas celebrated?	The most important parts are Christmas Eve and the Midnight Mass – the service starts in darkness and when the Gospel is read the lights come on (Jesus = the light of the world). There are carols, Christingles services and the giving of gifts (Jesus = God's gift to the world).
Why is Christmas important?	Christians thank God for the Incarnation, presents represent love shared, it's a time to remember families in difficult circumstances.
When and why do we celebrate Easter?	Easter follows Holy Week remembering the passion and death of Jesus. It remembers his arrival, teaching, betrayal, the Last Supper, arrest, crucifixion and resurrection. It is celebrated in April.
How is Easter celebrated?	Giving out of Palm Crosses; the Monarch gives out maundy money to represent the money paid to Judas; on Good Friday all colour is removed from churches and there are procession. On Easter Sunday there are vigils and Christians may be baptised.

	TECHNICAL VOCABLILABY
	TECHNICAL VOCABULARY
Worship	Acts of religious praise, honour or devotion.
Liturgical worship	A church service that follows a set structure or ritual.
Non-liturgical worship	A service that does not follow a set text or ritual.
Informal worship	A type of non-liturgical worship, sometimes 'spontaneous' or 'charismatic' in nature.
Private worship	When a believer praises or honours God on his or her own.
Nonconformist	An English Protestant who does not conform to the doctrines or practices of the established Church of England.
Sacraments	Rites and rituals through which the believer receives a special gift of grace; for Catholics, Anglicans and many Protestants, sacraments are 'outward signs' of 'inward grace.'
Holy Communion	A service of thanksgiving in which the death and resurrection are celebrated using bread and wine – Eucharist, Mass, Lord's Supper, Breaking of Bread, Divine Liturgy.
agape	A word used in the Bible that describes selfless, sacrificial, unconditional love.
Mission	The vocation or calling of a religious organisation or individual to go out into the world and spread their faith.



Eucharist		
What is the Last Supper?	This was the meal that Jesus had with his disciples celebrating Passove Jesus gave new meaning to breaking the bread and drinking the wine. The bread became his body and the wine his blood.	
Do all Christians celebrate the Eucharist?	All Christians apart from Quakers and members of the Salvation Army.	
What are the main parts of the service?	The blessing of the bread and wine (consecration); Repeating Jesus' words from the Last Supper; The bread and wine are shared with the people (congregation).	
How is the Eucharist understood?	Roman Catholics – the bread and wine <u>actually</u> become the body and blood of Jesus (transubstantiation); Many Protestants see it as an act of remembrance.	
What are the variations of the Eucharist?	The Orthodox Church calls it the Divine Liturgy and the bread and wine are consecrated behind the iconostasis and brought through the Royal Doors. This emphasises the mystery of what is happening. Roman Catholics believe the bread and wine actually become the body and blood.	
What is the significance of the Eucharist for Christians?	All denominations who practise it see it as important, either enough to do it every week or every month so it doesn't lose its significance. Orthodox Christians don't describe what is happening spiritually as it is a mystery.	

HT2 Subject Child Development: Growth and Development Y10a.

Growth		
What is growth a major feature of?	Childhood.	
Why does growth take place?	Certain cells in the body keep dividing.	
What does a division in cells in children mean?	Increases in height and weight, bones become longer and skeleton changes, development of muscles as well.	
Who measures children?	Health visitors.	
What measurements are plotted on a centile chart?	Height, weight and head circumference.	
If children are not growing as expected what can this be a sign of?	Possible medical problems or a sign that the child is not eating the right quantity or type of food.	
How can heredity affect growth?	Some medical conditions affecting growth can be inherited.	
Why do bodies need nutrients?	Bodies need these in order for muscles, bones and organs to keep healthy and grow.	
How much sleep do children need?	Babies need between 12-14 hours a day, young children need 10-12 hours.	
How can emotional influences affect child's	If children have long periods of unhappiness, they are less likely to sleep or eat well- more likely to be ill.	

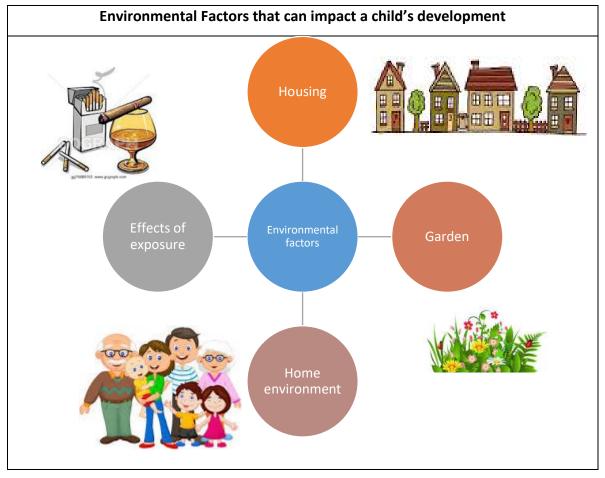
Development		
What is development?	The skills and knowledge we gain over time.	
Do children develop at an even pace across all areas?	No some may have good language skills but not be able to kick a ball.	
Why is it important to know the milestones for the different ages?	Can help you plan activities and spot any child that may need more support.	
What are the 5 key development areas?	Physical, Cognitive, Communication and Language, Emotional and Behavioural and Social.	
What's the difference between gross and fine motor movements?	Gross are large movements of the arms and legs, fine are small movements usually of the hands.	
What are fine manipulative movements?	Complex or intricate movements of the hands-turning the lid of a bottle, tripod grasp.	
What is perception?	The ability to become aware of something using the senses.	
Which development area and skills are used in reading a	Communication and language- reading it. Physical- turning the page.	
Which development area and skills are used in playing	Physical- drawing the noughts or crosses. Cognitive- deciding where to play.	
Why are role models important?	Children copy skills and attitudes from them.	

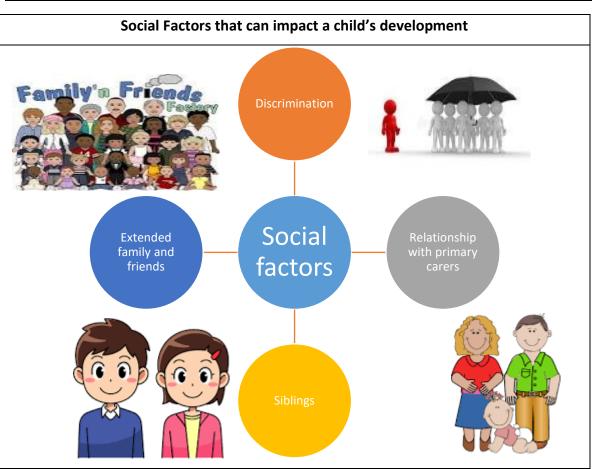


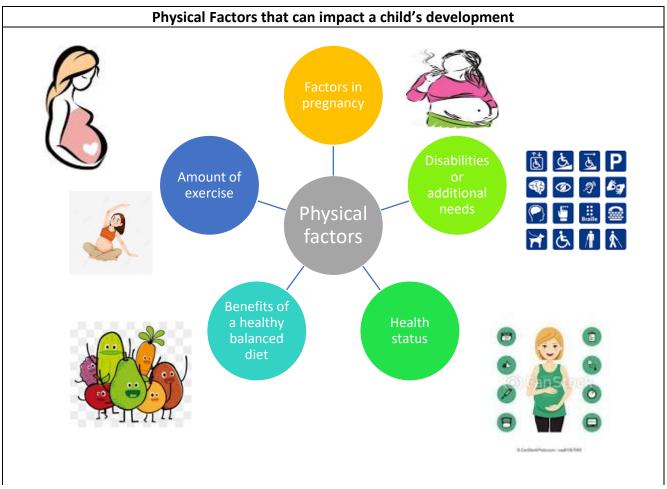
TECHNICAL VOCABULARY		
Growth	The division of cells.	
Cell	A tiny part of the body.	
Health visitors	Health professionals who advise families with children.	
Head circumference	Measurement of the head from above the eyebrows to around the back of the head.	
Centile chart	A chart on which measurements are marked and compared with those of other children of the same age.	
Hormones	Chemicals that can trigger cell division, creating subsequent growth.	
Nutrients	Substances found in food that are essential for health and growth.	
Holistic development	The development of a child, taking into account all aspects of what they can do, not just one single area of development.	
Milestones	Skills or pieces of knowledge that a child has acquired.	
Developmental norms	The milestones that are associated with a particular age group.	

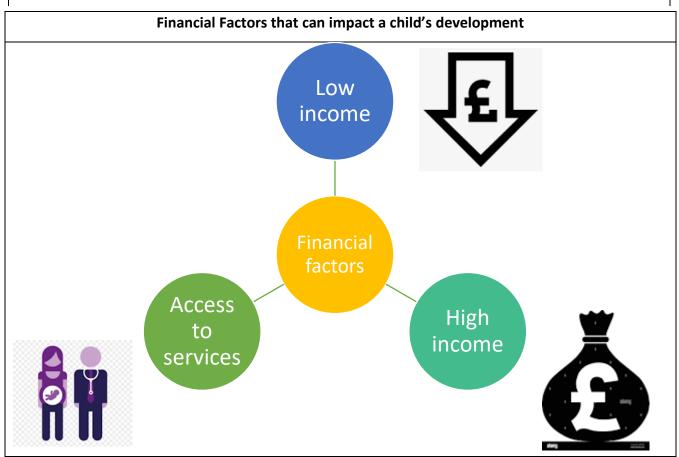
Development of different ages across the development areas			
	0- 18 months	18 months – 3 years	3 years -5 years
Physical	3m reflexes disappear; lift head + shoulders; watches fingers. 6m rolls + turns; sits with support; holds a toy. 9m sits; crawls; stands; passes toys; drinks cup. 12m walks with handheld; pincer grasp; finger feeds. 15m walks alone, grasps crayons and scribbles.	18m walks steadily; stops safely; climbs stairs; rides a balance bike and sit + ride toys. 2y runs; throws a ball; walks up and down stairs; holds chunky pencils; draws circles and lines. 2y 6m jumps from a small step; kicks a large ball and copies lines.	3y walks on tip toe; balances; rides a trike; catches and kicks a large ball; tripod grasp; cuts paper with scissors. 4y runs and avoids obstacles; good balance; copies letters; draws a person. 5y runs, climbs, skips, hops; likes ball games; good pencil control.
Cognitive	 3m- attention span increase; recognises routines. 6m recognise familiar objects/people. Respond to carers voice; explores objects; weaning. 9m smiles at own face (mirror); looks for dropped toys; likes peekaboo, songs+rhymes. 12m knows own name; imitates actions. 	 18m knows name; can point to body parts; curious; knows where things belong. 2y recognises pictures in a book; enjoys simple make-believe play. 2y 6m knows full name; asks the names of people and objects. 	3y matches + names colours; sorts objects; understands time passing; can 'write' (mark make on paper). 4y counts to 10; repeats songs + rhyme; simple problem solving. 5y concentrates longer; writes own name; recognises own name; simple sums; interested in reading + writing.
Communication and Language	6 weeks smiles 3m stops crying when picked up 6m babbles; laughs; vocalises. 9m tuneful; joins in pat a cake; dada, mama. 12m first words; pointing; copies; understands.	18m says words; gestures; understands more; repeats. 2y says over 50 words; 2 words joined; enjoys books. 2y 6m says 200 words; learns new words quickly; simple sentences.	3y clear speech; asks why? Uses personal pronouns and plurals; listens to stories; understands most instructions. 4y talks about past and future; tells stories; likes jokes; asks questions; listens. 5y fluent speech; grammatically correct; wide vocabulary; understand complex instructions.
Social	3m likes attention + cuddles. 6m familiar people + strangers 9m cries without their carers 12m likes games peekaboo 15m watches others playing.	 18m understands 'you' 'me' 'mine'. Imitates household tasks. 2y undress and dress with help; toilet training; more independent. 2y 6m eats with a spoon; plays with others; does not share. 	 3y plays with others; starting to share and take turns. 4y shows sensitivity; independent; good sense of humour. 5y choses friends; understands rules; enjoys team games.
Emotional	3m like care routines 6m recognises emotions 9m specific attachment 12m curious; explores 15m some independence; jealousy.	 18m mood swings dependent-independent 2y cannot wait, wants demands met asap; can be distracted from tantrums. 2y 6m self-identity; coping with emotions; tests boundaries from adults. 	3y can wait; more co-operative; uses language to express feelings; makes requests. 4y confident; self-assured; personal care; turns to adult for comfort when hurt or ill. 5y close friendships; copes with emotions; resilient; adults need to sort conflicts.

HT2 Subject Child Development: Factors that can impact development Y10b.

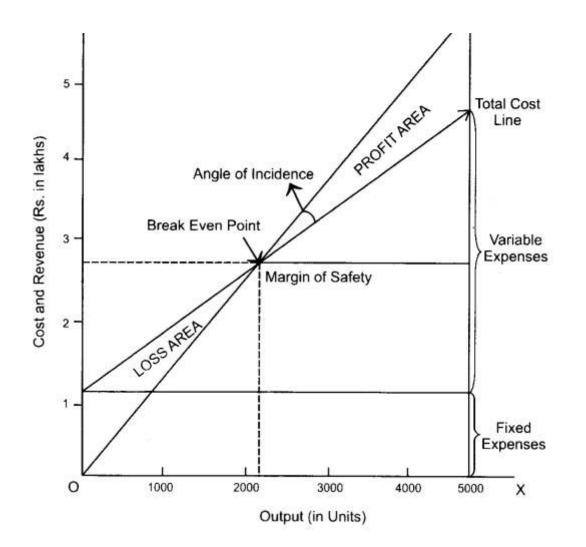








Topic Formula	
Revenue Number of Sales x Price	
Total costs	Total Fixed Costs + Total Variable Costs
Gross Profit	Sales revenue – Cost of sales
Net profit	Gross profit – Other expenses
Interest	Total repayment – borrowed amount x100 Borrowed amount
Break-even Point in units	<u>Fixed Costs</u> (Sales price – variable cost)





TECHNICAL VOCABULARY	
Profit	The amount of revenue left over once costs have been deducted
Income Stream	The source of regular income that a business receives. This could be through the money it receives from customers, or other areas such as investment income
Break-even Point	The point where revenue received meets all of the costs of a business.
Credit	The amount of money that a financial institution or supplier will allow a business to use, which must pay back in the future at an agreed time.
Overheads	Fixed costs that come from running an office, shop or factory, which are not affected by the number of specific products or services that are sold.
Consumables	Items that get 'used up', such as pens, paper, staples and other items that a business has to replace regularly.
Overdraft	A facility offered by a bank that allows an account holder to borrow money at short notice.
Asset	Any item of value that a business owns, such as its machinery or premises
Retain profit	Money that a business keeps, rather than paying out to its shareholders.
Venture Capital	Money to invest in a business is sourced from individuals, or groups of people, who wish to invest their own money into new businesses.
Return on investment	The amount of money that an investor gets back in return for investing in a business.
Guarantor	A names person who guarantees to pay the repayments on a loan should the person who has taken out the loan not able to meet the payments.

Cash Flow Forecast	
Cash inflows	Al a list of all sales and income individually written.
Total inflows	All sales added together
Cash outflows	A list of business out floes including wages, cost of sales, maintenance, rent and advertising.
Total outflows	All cash outflows added together
Net Cash Flow	= Total Inflows – Total Outflows
Opening Balance	= Closing balance of the previous period
Closing Balance	= Opening balance + Net cash flow

BTEC Sport

B1 Sports Clothing and Equipment		
Performance	Clothing that is adapted to improve performance (football tops)	
clothing		
Training	Clothing used in training drills and practice sessions (bibs)	
clothing		
Waterproof	Clothing that resists water and keeps you dry	
clothing		

B1 Sports Clothing and Equipment – Protective Equipment	
Head	Helmet (cycling), scrum cap (rugby), face mask (baseball)
Mouth	Gumshield/mouthguard (rugby, hockey, boxing)
Eyes	Goggles (horse racing, cycling, squash)
Body	Chest protector (ice hockey), shoulder pads (American football)
Arms	Elbow pads (rollerblading)
Legs/Groin	Leg pads (cricket), shin pads (football)

B1 Sports Clothing and Equipment – Safety Equipment	
Flotation	Life jackets to keep bodies afloat in water
Devices	
Floats	Pool noodles/woggles to help people learning to swim
Crash Mats	To cushion landings or falls

B2: Benefits of Technology in Sport	
Clothing	Clothing can be aerodynamic or regulate temperature.
Footwear	Footwear helps with grip and stability.
Materials	Equipment can be made lighter or stronger by using composite material.
Assistive	Assistive technology includes prosthetics and sports wheelchairs, supporting those with disabilities.
Technology	
Officials	Technology can help officials to make correct decisions.
Performance	Performance analysis is useful for coaching, identifying strengths and weaknesses for an athlete's
analysis	performance.
Modern facilities	New technology can improve the facilities that participants train in.

B3: Limitations of Technology	
Access	Not all sports performers have technology available to them, so some performers have an unfair
	advantage.
Cost	Some technology has a high cost and high maintenance costs which means some clubs and performers
	cannot afford it.
Accuracy	There are limitations to technology and some technology can produce inaccurate data.
Usability	Technology is unreliable if people do not know how to, or cannot use it, correctly.
Action cameras	Can be used to record performers and assist with feedback.
Performance	A way of watching back a sporting performance with the use of technology and assessing what has gone
analysis	right or wrong and how to improve it.
Difference in	Professional sports teams are likely to have the most up-to-date and effective technology as they
usage	generate more income whereas volunteer clubs and schools are less likely to be able to afford these
	things.
Benefits	Positive reasons for using technology.
Limitations	Things that mean using technology might not be the best option for a club or performer.
Examples of	VAR, Hawkeye, DRS, TMO, Heart rate monitors, Video analysis.
technology	