

WEEK

1

Eatwell
Fresh-Healthy-Filling



Magnus Academy Lunch Menu



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

The Main Event

Chicken Curry

Hunters Chicken

Roasted Loin of Pork with
Yorkshire Pudding

Chinese Breaded Chicken

Breaded Haddock Fillet or
Local Pork Sausages

Vegtastic

Vegan Sweet Potato &
Chickpea Curry

Roasted Vegetable Quiche

Spicy Bean Burger

Stir Fried Vegetables &
Mini Spring Rolls

Spicy Bean Burger

Sides

Rice

Roasted New Potatoes &
SweetcornRoast Potatoes, Carrots
Peas & GravySweet Chilli Noodles &
Sweet & Sour SauceChips, Mushy Peas, Baked
Beans & Gravy

Pasta Bar

Pasta Arrabiata
Bacon Mac & CheesePasta Arrabiata
Beef LasagnePasta Arrabiata
Roasted Chicken in
Creamy Tomato SaucePasta Arrabiata
Meatball PastaPasta Arrabiata
Chorizo Pasta

Salad & Deli

Iceberg, Tomato, Cucumber, Sweetcorn, Beetroot, Hard Boiled Egg, Coleslaw. Proteins to choose 2 from : Tuna Mayo, Ham, Cheese

Baked Potato

Freshly Baked Potato with a choice of 2 fillings

Something Sweet

Chocolate Sponge and
Chocolate Custard

Jam Sponge & Custard

Eton Mess

White Chocolate Chip
Sponge & Custard

Homemade Cheesecake

Also available a selection of freshly made baguettes, fruit pots and a range of cold drinks and milks.
For all dietary & allergen requirements please ask a member of staff

WEEK

2

Eatwell
Fresh-Healthy-Filling



Magnus Academy Lunch Menu



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

The Main Event

Pork Sausages & Yorkshire Pudding

Chicken Chow Mein

Honey Roast Bacon Loin

Katsu Chicken with Curry Sauce

Breaded Haddock Fillet or Local Pork Sausages

Vegtastic

Veggie Sausages

Sweet & Sour Vegetable Noodles

Breaded Bean Burger

Butternut Squash, Spinach & Chickpea Curry

Spicy Bean Burgers

Sides

Mashed Potatoes, Gravy & Seasonal Veg

Egg Fried Rice, Sweet & Sour Sauce, Prawn Crackers

Roasted Carrots, Potatoes, Peas & Gravy

Steamed Rice

Chips, Mushy Peas, Baked Beans & Gravy

Pasta Bar

Bacon Mac & Cheese
Pasta ArrabiataBeef Lasagna
Pasta ArrabiataPasta Bolognese
Pasta ArrabiataChorizo Pasta
Pasta ArrabiataMeatball Pasta
Pasta Arrabiata

Salad & Deli

Iceberg, Tomato, Cucumber, Sweetcorn, Beetroot, Hard Boiled Egg, Coleslaw. Proteins to choose 2 from : Tuna Mayo, Ham, Cheese

Baked Potato

Freshly Baked Potato with a choice of 2 fillings

Something Sweet

Caramel Sponge & Custard

Chocolate Chip Sponge & Custard

Chocolate Sponge & Chocolate Custard

Oaty Apple & Blackberry Crumble & Custard

Homemade Trifle

Also available a selection of freshly made baguettes, fruit pots and a range of cold drinks and milks.
For all dietary & allergen requirements please ask a member of staff

WEEK	3	Magnus Academy Lunch Menu				
		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
The Main Event		Beef Chilli	Buttermilk Chicken Fillet with Tzatziki Sauce	Honey Roasted Bacon Loin	Chicken Parma	Breaded Haddock Fillet or Local Pork Sausages
Vegtastic		Roast Vegetable & Bean Chilli	Sweet Potato & Spinach Lasagne	Spinach, Mushroom & Cheddar Strudel		Spicy Bean Burgers
Sides		Rice, Buttered Sweetcorn & Nachos	Seasoned Wedges & Sweetcorn	Roasted Carrots, Potatoes Peas, Gravy & Yorkshire Pudding	Roasted New Potatoes & Seasonal Veg	Chips, Mushy Peas, Baked Beans & Gravy
Pasta Bar		Beef Lasagne Pasta Arrabiata	Pasta Bolognese Pasta Arrabiata	Meatball Pasta Pasta Arrabiata	Bacon Mac & Cheese Pasta Arrabiata	Chorizo Pasta Pasta Arrabiata
Salad & Deli	Iceberg, Tomato, Cucumber, Sweetcorn, Beetroot, Hard Boiled Egg, Coleslaw. Proteins to choose 2 from : Tuna Mayo, Ham, Cheese					
Baked Potato	Freshly Baked Potato with a choice of 2 fillings					
Something Sweet		Chocolate Sponge & Chocolate Custard	Apple Crumble & Custard	Chocolate Caramel Sponge & Custard	Iced Sprinkle Sponge & Custard	Homemade Cheesecake
Also available a selection of freshly made baguettes, fruit pots and a range of cold drinks and milks. For all dietary & allergen requirements please ask a member of staff						