# ACADEMY NEWS Like us on Facebook @YCDSAcademy

Welcome to a brand-new academic year – 2024/25! This is a significant year in the history books of You Can Do Sport, as it is the month, we launched our brand-new YCDS College Campus, now our second site, and hopefully the first of many more to come.



YCDS ACADEMY NOW has 50 students on programme. The vast majority of these are Football Academy students, but we are delighted to report we have the most boxers and female footballers in the Academy now,

that we have ever had! We have also welcomed two additional females to the Academy this year, who have ioined our brand-new sport for this academic year, Rowing. 

## NEW MEMBERS OF THE YCDS TEAM

#### HEAD OF EDUCATION: Matthew Ramsbotham Matt joins as Head of

Education at YCDS having worked extensively within professional football for the last 9 years. Matt has applied experience as a 'Game Insights Analyst' for The Football Association where he was

responsible for the development of bespoke, world-leading educational resources that combine both statistical insight and video content. Matt worked within FA Education across coach development to allow coaches to maximise their impact working with their players to become more skilful. Matt holds both the UEFA A Licence and FA Advanced Youth Award (Youth Development Phase) in coaching football, having worked across various settings from grassroots, academies to the senior professional game within different ages/stages. Matt still works for The Football Association as a Coach Mentor/ Developer delivering the UEFA C and UEFA B qualifications alongside working with coaches in their context/environment to refine their delivery. Matt is really looking forward to working with our YCDS students to inspire the next generation and help them progress into the sporting industry.

#### HEAD ROWING COACH: Ashley Cowley In partnership with the Newark Rowing Club, our

brand-new sport for 2024, is rowing! Ashley Cowley has joined us as our Head Coach for

Rowing. Ashley is a seven-time England International, twelve-time National Champion, two-time world record holder, five-time British record holder, and the only England athlete to represent in all disciplines! He was also the England Senior Coach from 2022-2024

### ASSISTANT BOXING COACHES: Emma Dolan.

Emma boxed for England as an amateur boxer. turned pro, where she had 4 pro fights, all of which she won, before signing with Carl Greaves, where she has won all 7 of her fights to date. Under Carls guidance she is now the current, and firstever, British and Commonwealth, female, super-flyweight Champion!



Lee Swaby Lee is a former professional boxer, who had 56 pro fights and achieved success as the British Master's Cruiser Weight Champion, two-times British & Commonwealth Cruiser Weight Contender, East Midlands Heavy Weight Champion and British Masters Heavy Weight Champion.

Billy Cowling. Billy is a former YCDS Academy Boxing student, who has now joined us as part of





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WE WERE ONCE again delighted to be invited to join the fun at the Currys Summer Carnival. This year we mixed things up a little and brought with us the GaGa pit from the YMCA, to deliver a competitive game of dodge ball for the

guests. It was great to see so many of the families' children getting involved, and occasionally the adults too! We even had a few games with a pig, a cow and a chicken – we will leave that to your imagination!

### YCDS FIXTURES RESULTS

WE WERE DELIGHTED to welcome Draper Norton Football back to the Academy for friendlies versus both our girls and boys. These were the first games our players had played as a team, and so these results were impressive!

### 1-1 DRAW! YCDS Girls V DNF 2-1 WIN!

### **YCDS Boys V DNF**

We have entered a brand-new league this year, the Youth Development League – Midlands East Division. The season has started with a

bang, with YCDS winning two out of two games!

2-0 WIN! YCDS V Deanos Football Academy 4-2 WIN! YCDS V Grantham Town



## <u>TEAM BUILDING WITH THE ROYAL NAVY</u>

AS PART OF OUR Freshers Week, we were joined by the Royal Navy who delivered some team building activities as part of our ice breaker efforts. This included an activity where students had to make a vehicle from various parts, in teams of five, after which they had to race one another on an obstacle course.

Many of our students are interested in the armed forces as a potential career path, and so we make a conscious effort to bring different units in to present what a career in the British Army, Navy or RAF might look like.

