

WEEK**1****Eatwell**
Fresh-Healthy-Filling**Magnus Academy Lunch Menu****MONDAY****TUESDAY****WEDNESDAY****THURSDAY****FRIDAY****The Main Event**

Chicken Curry

Hunters Chicken

Roasted Loin of Pork with
Yorkshire Pudding

Chinese Breaded Chicken

Breaded haddock fillet or
local pork sausages**Vegtastic**Vegan Sweet Potato & Chick
Pea CurryRoasted Vegetable &
Chickpea Pie

Spicy Bean Burgers

Roasted Vegetable &
Chickpea Pie

Spicy Bean Burgers

Sides

Rice

Roasted New Potatoes &
Seasonal VegRoast Potatoes & Carrots
Peas & Gravy

Sweet Chilli Noodles

Chips , mushy peas , baked
beans & Gravy**Taste of Italy
(Pasta Bar)**Pasta Arrabiata
Baked Mac & Cheese with or
without BaconPasta Arrabiata
Beef LasagneCreamy Tomato with
Chicken & Bacon
Pasta ArrabiataPasta Arrabiata
Chorizo PastaPasta Arrabiata
Meatball Pasta**Salad & Deli****Baked Potato Bar**

Freshly baked potato with a choice of fillings

Something SweetChocolate Sponge and
Custard

Homemade Cheesecake

Salted Caramel Sponge &
CustardChocolate Chip Sponge &
Custard

Homemade Cheesecake

Also available a selection of fresh salads, cakes, fruit pots and a range of cold drinks and milks.
For all dietary & allergen requirements please ask a member of staff

WEEK**2****Eatwell**
Fresh-Healthy-Filling**Magnus Academy Lunch Menu****MONDAY****TUESDAY****WEDNESDAY****THURSDAY****FRIDAY****The Main Event**

Beef Chilli

Chicken Chow Mein

Honey Roast Bacon Loin

Katsu Chicken with Curry
SauceBreaded Haddock Fillet or
Local Pork Sausages**Vegtastic**Roast Vegetable & Bean
ChilliSweet & Sour Vegetable
Noodles

Breaded Bean Burger

Butternut Squash, Spiniach &
Chickpea Curry

Spicy Bean Burgers

SidesRice, Buttered Sweetcorn &
NachosEgg Fried Rice, Sweet & Sour
Sauce & Prawn CrackersRoast Potatoes, Carrots Peas,
Gravy & Yorkshire PuddingSteamed Rice
Garlic & Corriander Naan
BreadChips, Mushy Peas, Baked
Beans & Gravy**Taste of Italy
(Pasta Bar)**Baked Mac & Cheese with or
without Bacon
Pasta ArrabiataBeef Lasagna
Pasta ArrabiataPasta Bolognaise
Pasta ArrabiataChorizo Pasta
Pasta ArrabiataMeatball Pasta
Pasta Arrabiata**Salad & Deli****Baked Potato Bar**

Freshly baked potato with a choice of two fillings

Something SweetSalted Caramel Sponge &
Custard

Homemade Cheesecake

Chocolate Sponge & Custard

Homemade Cheesecake

Banoffe Pie

Also available a selection of fresh salads, cakes, fruit pots and a range of cold drinks and milks.
For all dietary & allergen requirements please ask a member of staff

WEEK**3****Eatwell**
Fresh-Healthy-Filling**Magnus Academy Lunch Menu****MONDAY****TUESDAY****WEDNESDAY****THURSDAY****FRIDAY****The Main Event**

Tandoori Chicken with Curry Sauce

Local Pork Sausages & Yorkshire Pudding

Roasted Loin of Pork with Yorkshire Pudding

Chicken Parma

Breaded Haddock Fillet or Local Pork Sausages

Vegtastic

Vegan Sweet Potato, Spinach & Chickpea Curry

Vegan Pie

Spinach, Mushroom & Cheddar Strudel

Spicy Bean Burgers

Sides

Savoury Rice

Creamy Mashed Potato with Veg & Gravy

Roast Potatoes, Carrots Peas, Gravy & Yorkshire Pudding

Roasted New Potatoes & Seasonal Veg

Chips, Mushy Peas, Baked Beans & Gravy

Taste of Italy (Pasta Bar)Pasta Bolognaise
Pasta ArrabiataBeef Lasagne Penne
Pasta ArrabiataBaked Mac & Cheese with or without Bacon
Pasta ArrabiataChorizo Pasta
Pasta ArrabiataMeatball Pasta
Pasta Arrabiata**Salad & Deli****Baked Potato Bar**

Freshly baked potato with a choice of two fillings

Something Sweet

Chocolate Sponge & Custard

Apple Crumble & Custard

Homemade cheesecake

Iced Sponge & Custard

Homemade Cheesecake

Also available a selection of fresh salads, cakes, fruit pots and a range of cold drinks and milks.
For all dietary & allergen requirements please ask a member of staff