

	Half Term 1	Half Term 2	Half Term 3	Half Term 4	Half Term 5	Half Term 6
<u>Year 7</u>	<p>My New School Transition and Safety <u>Health and Wellbeing</u></p> <p>This unit covers key areas of concern in student's first few weeks of secondary school. Areas that might naturally be a concern for a year 7 are explored such as working out new friendship groups, teachers and procedures. This unit allows students to explore the issues that worry them about starting at a new school. The sessions will encourage students to reflect on their fears about the changes they are experience and provide opportunities for students to realise that these are fears that everybody has.</p>	<p>Diversity Anti-bullying and anti-racism <u>Relationships</u></p> <p>Aim to get the students to discuss the social impact on individuals now they are part of a larger scale community in our school. Students should recognise and develop an understanding of the impact their actions have on others. This unit encourages students to consider how their actions and words impact on each other within the school. Diversity is to be celebrated and work that encourages reflection and discussion on cultural differences and minority groups is crucial to students development.</p>	<p>Charity and Community <u>Living in the Wider World</u></p> <p>This unit encourages students to show our values of compassion and humility as we consider the impact and importance of charities and volunteering in the modern world.</p> <p>Students will think about the importance of local, national, and international charities and will consider how they can make a positive impact on their local community.</p>	<p>Life beyond School Developing skills and aspirations <u>Living in the Wider World</u></p> <p>This unit is to build further on the young students independence in getting them to think of their future and broaden their horizons and how they can identify future career aspirations. It is also a chance for students to begin thinking about their own finances by encouraging the students to think about money and how they can begin to plan for their financial futures.</p>	<p>Healthy living Smoking and risk <u>Health and Wellbeing</u></p> <p>As our young people start to feel more confident and are developing their interactions outside of school, we must think about peer pressure and difficult decision they are faced. This unit will get students to consider healthy choices and to reflect on how the choices they make now can influence their behaviour as adults. Vaping is on the increase and therefore we must address the issue and how vaping companies are trying to get young people to try their products.</p>	<p>Health and puberty Relationships and Sexual education (FGM) <u>Health and Wellbeing</u></p> <p>The focus in this unit is on puberty and the changing physical and emotional aspects. Alongside this is a lesson on Female Genital Mutilation which can be covered at primary school?! Students will be encouraged to understand their bodies, know about the changes their bodies will go through in puberty and to explore who they are and the different types of relationships they may experience. Students will explore the fashion industry and the influence it has on body image and sexuality – this will help them form</p>

						ideas about relationships, body image and self-esteem.
<u>Year 8</u>	<p>Healthy living Drugs and Alcohol <u>Health and Wellbeing</u></p> <p>This unit will encourage students to think about the responsibilities of drinking alcohol and/or taking drugs. Through discussing the laws around substances, students will be made aware of the possible long-term consequences of drug offences. There will also be a chance for students to explore the correlation between alcohol and drugs and risk taking behaviour.</p>	<p>Cultural identity and Diversity in Society Discrimination <u>Relationships</u></p> <p>Cultural identity allows students to have the opportunity to explore their own identity.</p> <p>The aim of this unit should be to generate conversation and reflection around the issues of diversity and cultural identity within our society.</p>	<p>Rights, Responsibilities and British Values: <u>Living in the Wider World</u></p> <p>This unit will build on the idea of diversity in society and will introduce and establish British Values to the students.</p> <p>It will also give them chance to learn and understand how law's and decision are made in society and how individuals are punished for breaking the laws.</p> <p>This unit will be an important stepping stone for students to access the year 9 PSHE curriculum.</p>	<p>Emotional Health and Wellbeing <u>Health and wellbeing</u></p> <p>This unit is delivered at a time when students are reaching the advised age to use social media platforms and have increasing demands on their brains; both socially and within school</p> <p>Within this unit we should encourage students to reflect on the importance of their own mental health and to accept that it can be negative and positive.</p> <p>Through this we can begin to make links with stress, healthy lifestyles around food and exercise, identify</p>	<p>Digital knowledge Digital literacy and Romance <u>Living in the Wider World</u></p> <p>As students reach the recommended age for many social media platforms, this unit is delivered whilst the idea of building a presence or just using social media is prevalent. Delivering at this point in Year 8 is aimed to avoid damaging content being uploaded by young people</p>	<p>Health and puberty Relationships and Sexual education <u>Health and Wellbeing</u></p> <p>The focus of this unit at this time is to equip young people with the skill in advance of complex relationships arising – to be able to deal with issues maturely and fairly.</p> <p>This unit encourages students to think about their emotions as relationships become more intense and also reflect upon their own role in the different types of relationships they will be nurturing as they enter their teenage years.</p>

				and build good habits.		This unit comes at a point when the hot days develop and so does puberty. This sets up nicely for personal hygiene as they prepare to embark on their future relationships.
<u>Year 9</u>	<p>Peer influence, Substance use and gangs <u>Health and Wellbeing</u></p> <p>This unit will provide the students with the opportunity to develop skills in assessing what makes a situation risky and how to manage risk.</p> <p>Alcohol and drugs will be revisited.</p>	<p><u>Welcome to the Real World</u> Setting goals <u>Living in the Wider World</u></p> <p>This unit is placed at this time to help the year 9 students as they begin to consider their options in secondary school. It is about raising aspirations and making them consider their strengths and areas of development.</p>	<p>Addressing extremism and radicalisation <u>Relationships</u></p> <p>Students at this age have generally developed a maturity to be able to discuss topics of this nature. They are also at risk of being coerced if they are underprepared. It is vital that in this unit we teach students the warning signs and what to do if they find themselves in situations in real life or on-line where they are being challenged into thinking or behaving in a certain way.</p>	<p><u>Healthy Body, Healthy Mind</u> Healthy lifestyle <u>Health and Wellbeing</u></p> <p>This unit should build on previous units around self-esteem and mental health issues.</p> <p>This unit will focus on challenging the stereotypes and unrealistic views of body image for both males and females at this influential age is important, as this coincides with an increased on line presence.</p>	<p>Employability skills <u>Living in the wider world</u></p> <p>This unit will be designed to fit in with careers and will get the students to look beyond life at school and what they hope to achieve in the future. As this module is placed before they start their GCSE course, it will include some advice, habits and strategies to support them in making progress.</p>	<p><u>Consent, Contraception and Conception</u> Intimate relationships <u>Relationships</u></p> <p>In year 9 some students may be considering having sex or sexual contact with others, or simply beginning to wonder a bit more about it.</p> <p>This unit must prepare students to think about the responsibilities and risks of having sex and offer a platform for students to air any questions or concerns they may have in a safe, supportive environment.</p>

<p><u>Year 10</u></p>	<p>Mental Health <u>Health and Wellbeing</u></p> <p>This unit is about how to handle students own mental health, know where to go for help and support, recognise the signs in themselves and others. One way to approach this could be to focus on various famous people who suffer from mental health issue. Exam stress and homelife stress can be significant as students begin their GCSE studies. Look at coping strategies and age-specific resources.</p>	<p>Financial decision making <u>Living in the Wider World</u></p> <p>This unit will allow the students to have strong financial knowledge and decision making skills. This will help them weigh options and make informed choices for their financial situations.</p> <p>This is the time when people are normally getting a part time job as they look to earn a bit more money.</p>	<p>Heathy Sexual Behaviours Relationships and Sexual education <u>Relationships</u></p> <p>Moving on from year 9 (contraception) in this unit we will look at what is lawful as well as what is healthy or not healthy in a relationship.</p> <p>The aim of this unit is to increase knowledge and awareness of consent, sexual assault and rape. Consent will be explicitly explain, in terms of both asking for it and giving it. The capacity to consent will be explored and the stages followed after a rape is reported I detailed. Time is spent looking at the difference between belief and fact around the issue of sexual assault, rape and domestic violence.</p>	<p>Exploring influence Risk-Taking behaviour <u>Health and wellbeing</u></p> <p>This unit will encourage students to consider all risk taking behaviour. It will reflect upon how we as humans take risks and how we rationalise that risk in our heads. This reflective approach can be applied to everything from gambling, drinking alcohol, drugs, starting a new job and beginning a new relationship.</p>	<p>Work Experience <u>Living in the Wider Word</u></p> <p>This unit will fit in with the Work Experience Year 10's will complete while at Magnus.</p> <p>It will teach them the skills they need to be successful in the workplace, and allow them to reflect on the skills they have gained and what personal development they need to do before they join the workforce.</p>	<p>Communication in relationships Relationships and Sexual education <u>Relationships</u></p> <p>The focus is on exploring consent within relationships. Students will be encouraged to consider relationship boundaries and the importance of clear communication. Sexual harassment is included in this topic along other terms such as cyber flashing. Emphasis on encourage students that talking and reporting are key.</p>
<p><u>Year 11</u></p>	<p>Building for the future</p>	<p>Next Steps <u>Living in the Wider World</u></p>	<p>Health and puberty Relationships and Sexual education</p>	<p>Independence <u>Health and Wellbeing</u></p>	<p></p>	<p></p>

	<p><u>Health and Wellbeing</u></p> <p>This unit will be designed to allow students to consider their views and opinions on health issues and advice which is proactive.</p> <p>As students are approaching exams we can also link in sleep issues, the benefits of sleep and strategies to promote good quality sleep.</p>	<p>This unit will be coming at a time when year 11 students are beginning to think about mock exams and revision.</p> <p>Exams can be stressful so identifying signs of exam stress is important. Offer strategies to help manage exam stress including revision techniques.</p> <p>Building on the Work experience unit from year 10, we can begin to work with the year 11 students on identifying colleges, vocational course etc to help them make positive choices for their life's.</p>	<p><u>Relationships</u></p> <p>In this unit we will consider the impact of pornography on relationships, highlighting the fantasy, stereotyped attitude towards women, how it affects body image and link with addiction. This unit will also touch on domestic violence and domestic abuse so students are aware of warning signs in their own relationships and those of their peers.</p>	<p>Builds on previous units of behaviour and risk taking which is likely to be more appropriate. As students are getting older and have more opportunities for parties we need to encourage students to consider how alcohol affects certain people and how some people cannot handle their alcohol.</p> <p>Could be a chance to look at road safety from the point of view of both a pedestrian and a passenger/driver.</p> <p>With the end of exams, could be a chance for students to go to music festivals -retouch on drugs and staying safe with practical advice.</p>	
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